# Technical Aspects of MSCT and ECG Gating

#### S. Edyvean

Imaging Performance Assessment of CT Scanners St. Georges Hospital www.impactscan.org



### Technical Aspects of MSCT and ECG Gating

#### • MSCT scanning

- Principles
- Current technology
- Particular challenges of imaging the heart
- ECG gating techniques
- Practical approaches to optimisation
- Dose
- The future

### Cardiac CT

Godfrey Hounsfield, inventor of clinical CT, 1972
 – 1979 Nobel prize
 – died Aug 12<sup>th</sup> 2004



James Ambrose – Neuroradiologist AMH
 Standing ovation at RSNA 1972, died March 12th 2006

### Godfrey Hounsfield – Nobel Speech 1979

## WHAT IMPROVEMENTS SHOULD WE EXPECT TO SEE IN THE FUTURE?

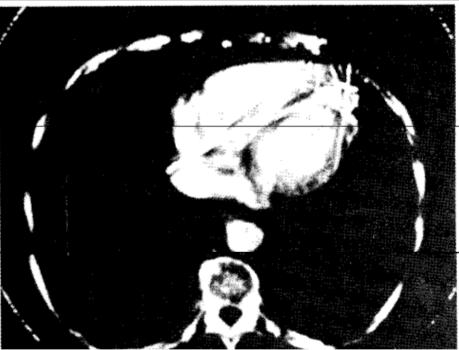
Various attempts have been made to achieve useful pictures of the heart. The time available for taking a picture of the heart is obviously longer than one heart beat.

Some experiments were conducted some time ago using conventional CT machines but in which the traverse of the detectors was synchronised to the heart beat via an electro-cargiograph, passing over the heart in diastole (when the heart movement is at a minimum).

### Godfrey Hounsfield – Nobel Speech 1979

Fig. 14 shows a picture from the experiment. The heart chambers can be discerned by a little intravenous injected contrast media.



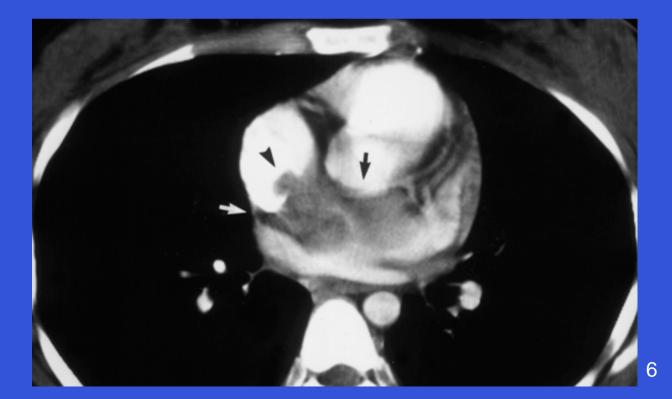


A further promising field may be the detection of the coronary arteries. It may be possible to detect these under special conditions of scanning.

Harefield BSCR 2006

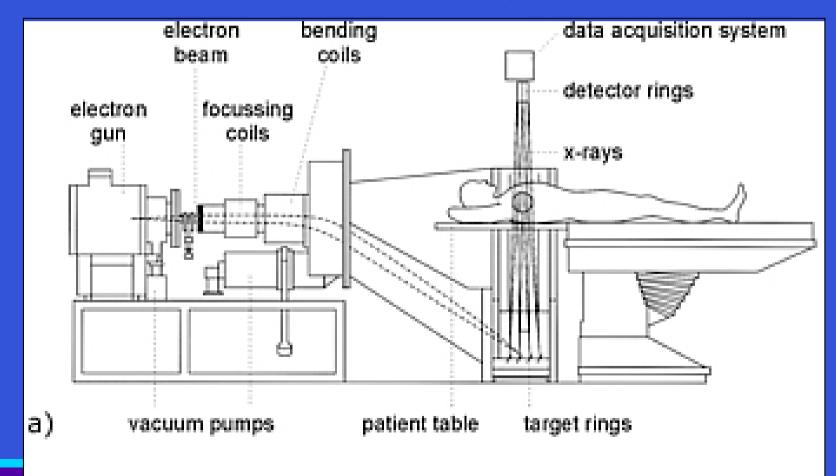
### Cardiac CT: before multislice

- Single slice limited to gross morphology tumour depiction, large vessels
- EBCT Electron Beam CT scanner used extensively for calcium scoring



### **Electron Beam CT**

- Temporal resolution 50 ms
- Slice thickness 3 mm
- Use primarily for calcium scoring

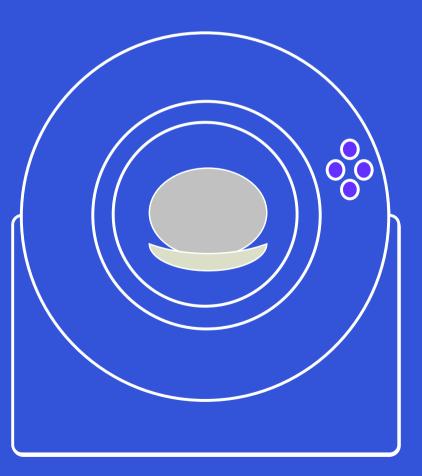


Harefield BSCR 2000

### **Development of Cardiac CT**

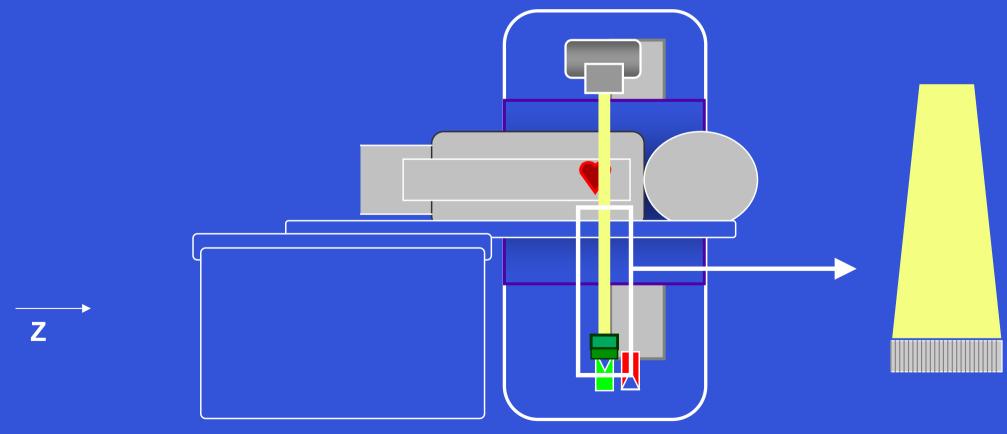
- Number of advances in last 8-10 years
- Increase in scan speeds (0.5, 0.4, 0.33 sec / rot)
- Multi-slice technology
  - Up to 64 thin slices in one shot enabling multi-sector reconstruction and/or heart to be covered in shorter time
- Software
  - Developments in ECG gating techniques
  - Specialised methods of image reconstruction for cardiac

- Tube and detectors rotate continuously around the patient
  - Slip rings transfer power and data to and from the gantry
  - Current rotation times down to 0.33, 0.4 sec



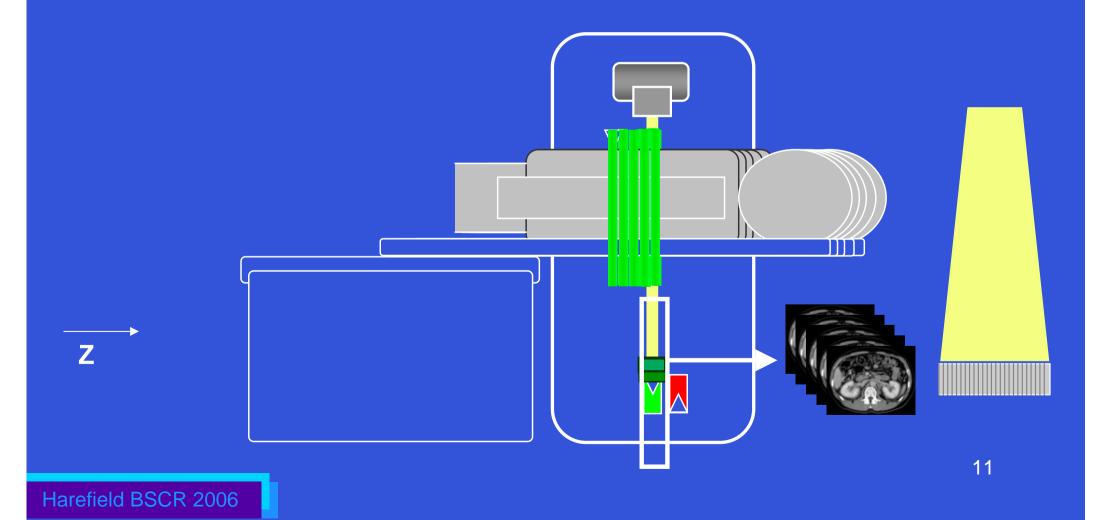
ŧΥ

- Beam widths (20 40 mm)
- 4, 16, 64 slice (+others) data acquisition

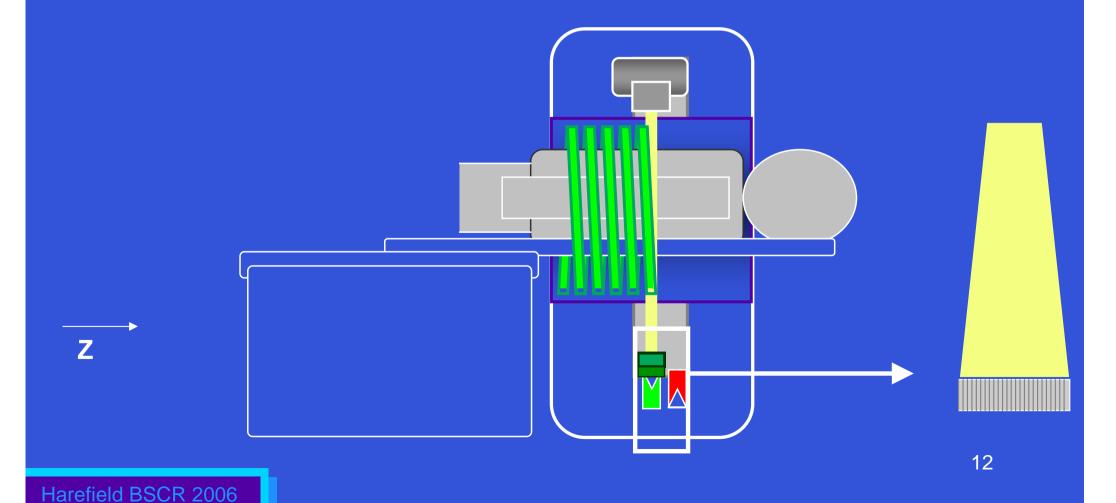


#### • Axial acquisition

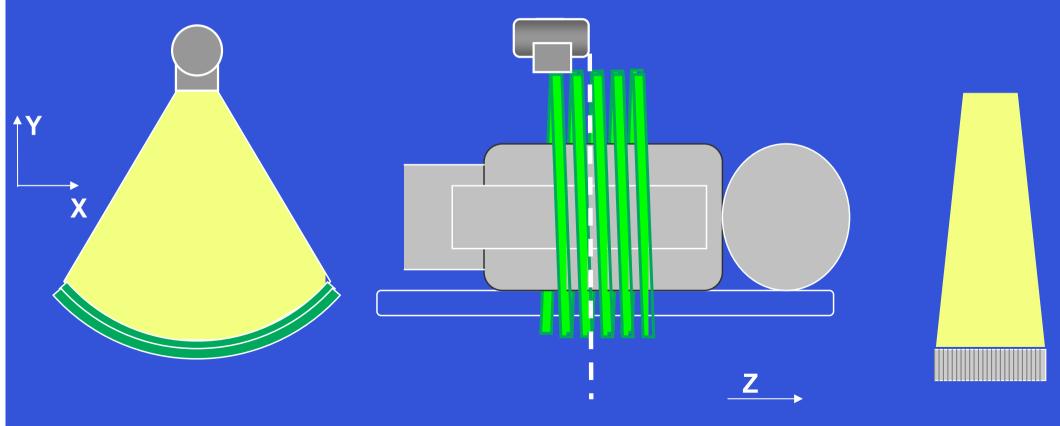
In multi-slice limited number of slices due to diverging beam (not recommended above ~ 10 slices)



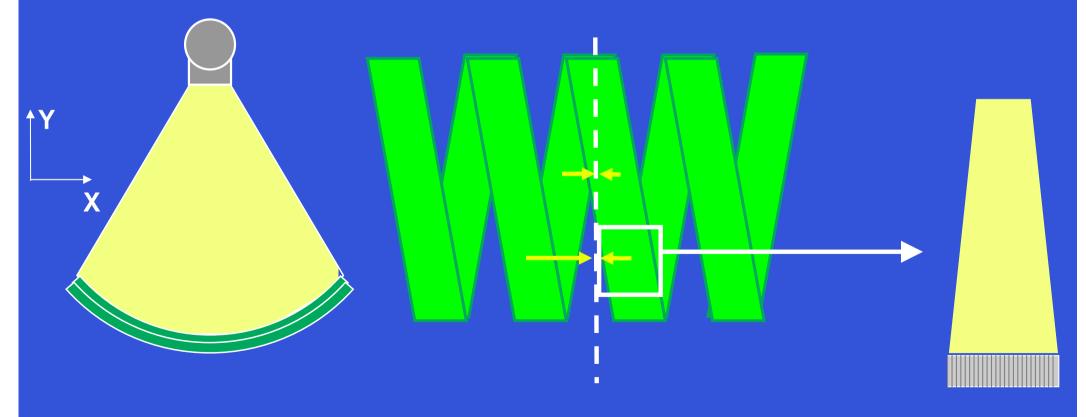
- Helical Acquisition
- Acquiring up to 64 slices of data simultaneously
  - 64 x 0.625 mm, 64 x 0.6 mm, 64 x 0.5 mm



- Attenuation data taken at different angles through the patient
- Images are reconstructed from the helical data set by interpolating projection data to the required reconstructed image position

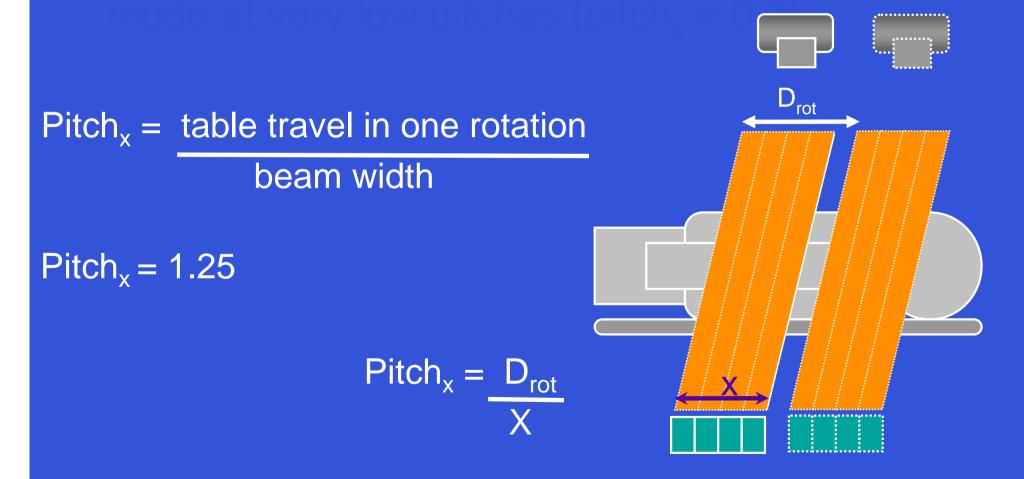


- Attenuation data taken at different angles through the patient
- In helical acquisition, projection data is interpolated to the required reconstructed image position



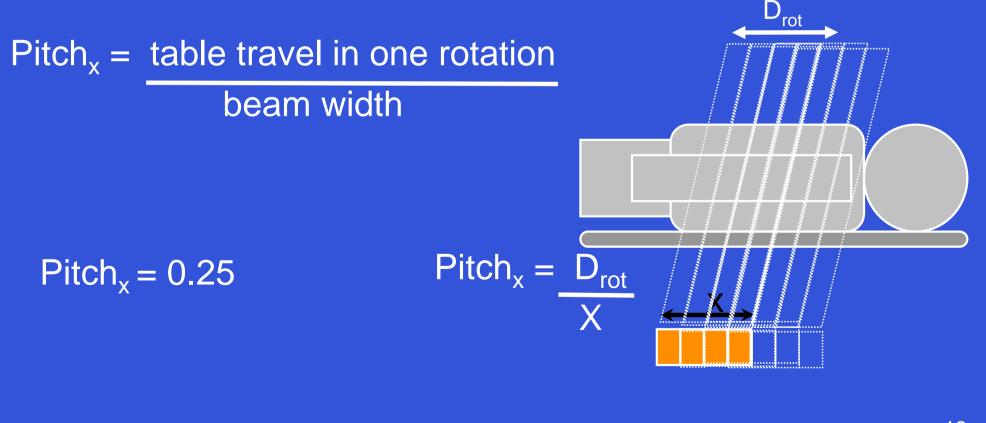
### Multi-sector reconstruction and pitch

Normal helical scanning performed at pitch ~ 1

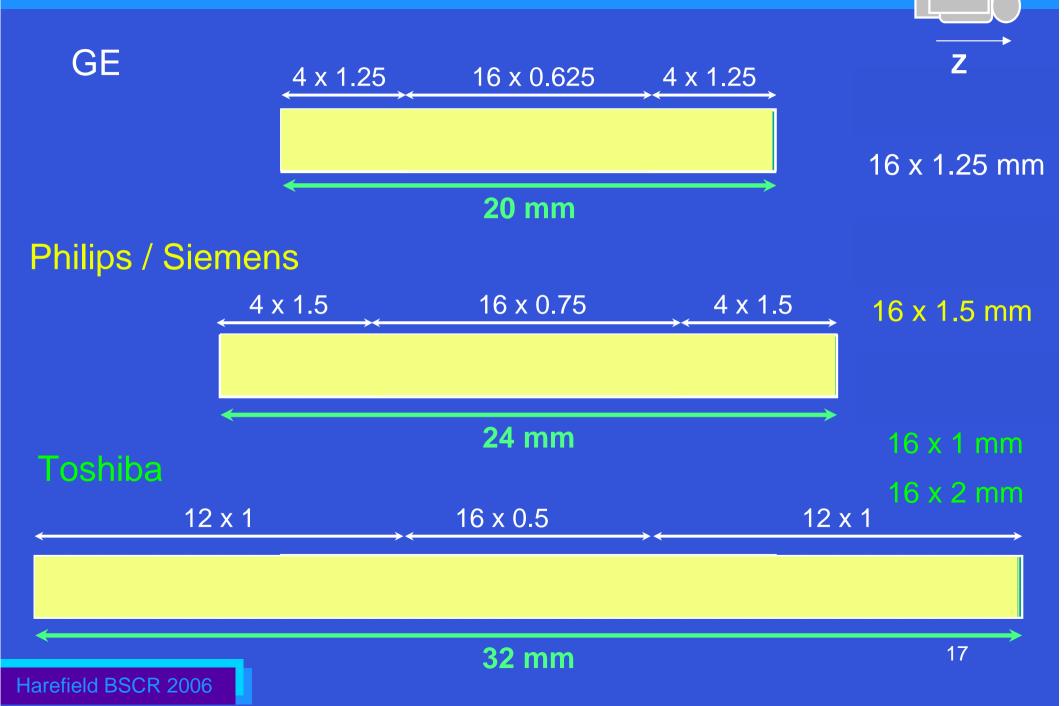


### Multi-sector reconstruction and pitch

 Cardiac scanning generally performed at very low pitches (pitch<sub>x</sub> = 0.2)

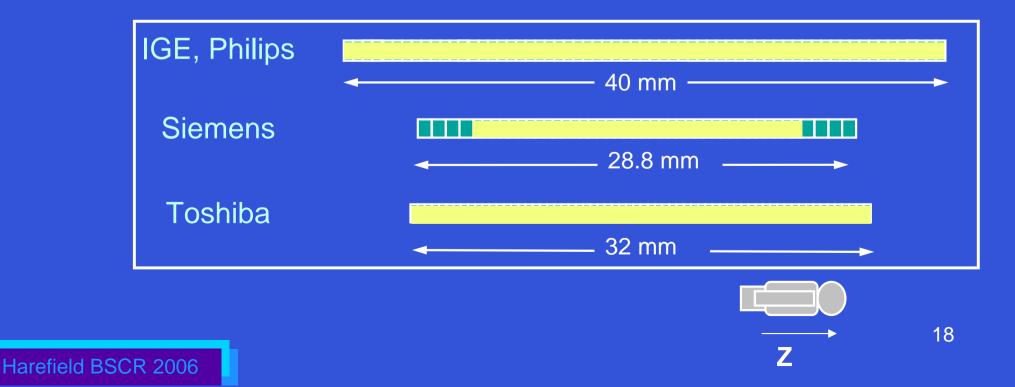


### Detectors -16 Slice Scanners



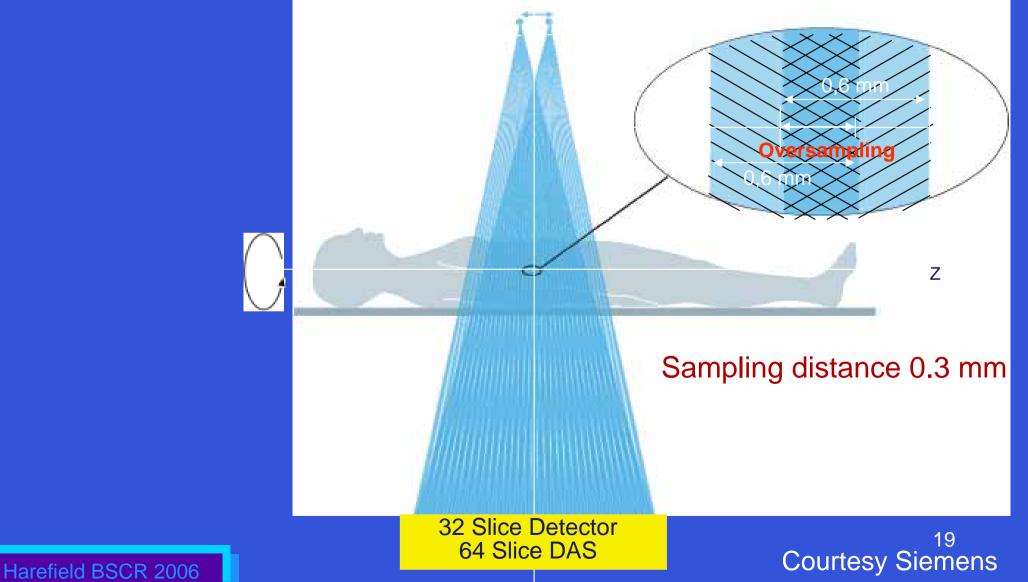
### Detectors – 64 Slice Scanners

- GE LightSpeed 32, 64, Philips Brilliance 40, 64
  - 64 x 0.625mm, length = 40 mm
- Siemens Sensation 64
  - 32 x 0.6 (double sampled in z-axis to give 64) and 8 x 1.2,
     length = 28.8 mm, length for 0.6 mm elements = 19.2
- Toshiba Aquilion 32, 64
  - 64 x 0.5mm, length = 32 mm



### Siemens

• 64-Slice CT: double z-Sampling: Overlap doubles information



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### Imaging the heart

- 'Shutter speed'
- Coverage
  - Mis-registration





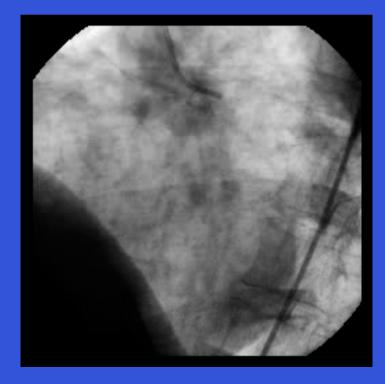


Harefield BSCR 2006

### What are the challenges ?

Moving object (60 -120 beat/min ie 1 -2 beat /sec)

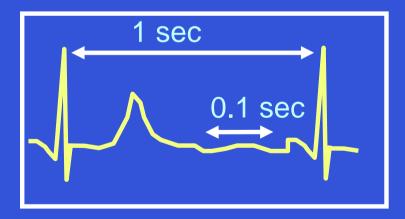
- Scanners ~ 1 2 rotation /sec
- Vessels move at different times/rates



### Image window

Need a snap shot of ~100 ms, at heart rates ~ 60 bpm

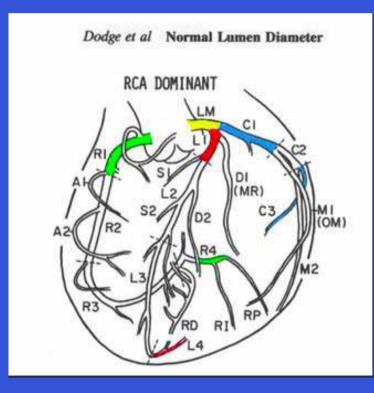
- -For less than 1 mm movement, in 3-D, of a coronary artery at diastole
- -More strict criteria
  - reconstruction at more than one phase
  - small distal parts of CA
  - quantifying coronary stenoses
  - assessment of plaque



### What are the challenges ?

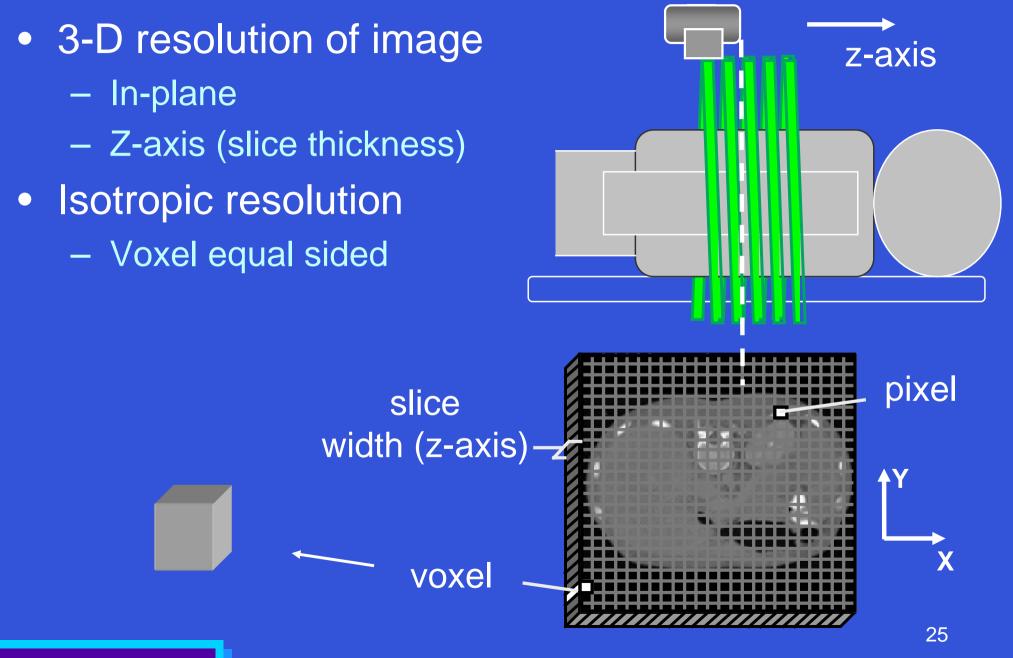
Tortuous vessels, narrowing to < 1 mm</li>
 Good isotropic spatial resolution

	Proximal segment mm	Distal segment mm	
LM	4.3	-	
LAD	3.5	0.8	
LCX	3.2	1.3	
RCA	3.7	1.8	

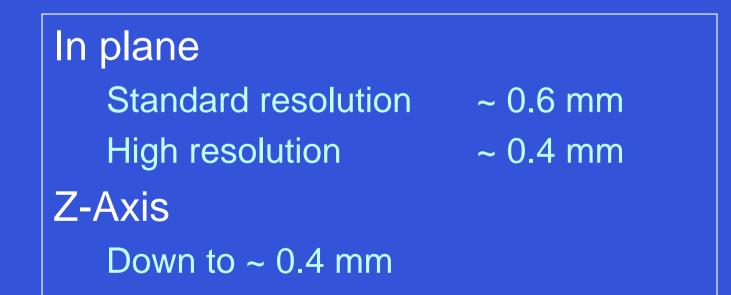


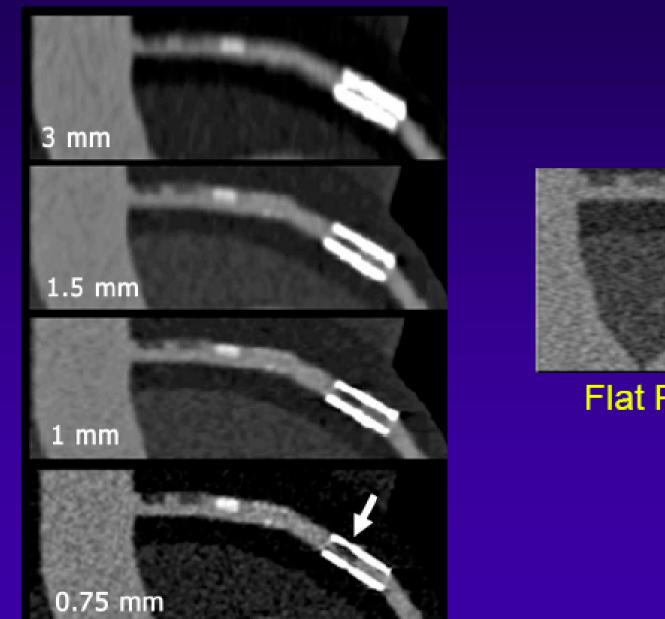
Harefield BSCR 2006

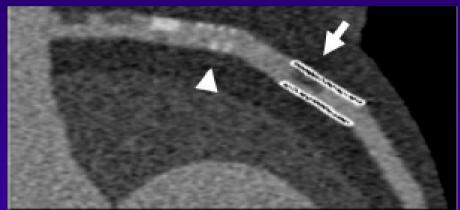
Lumen diameter of normal coronary artery segments J.T. Dodge et al., Circulation, 1992, 86:232-246



- In-plane (X-Y) determined by detector size, sampling, convolution kernel (+ many other factors)
- Z-axis determined by detector size and sampling
- Actual perceived resolution depends on heart motion







#### Flat Panel Technology

Flohr, Herz '03



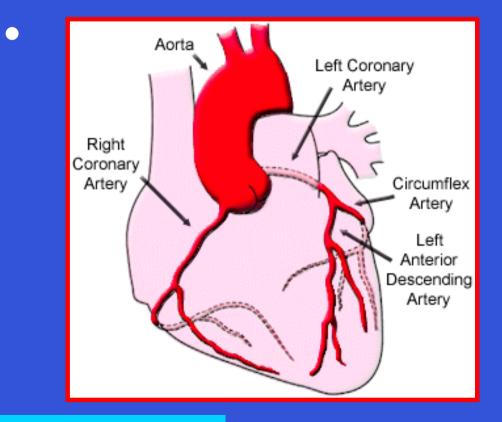
Nieman, Heart '02

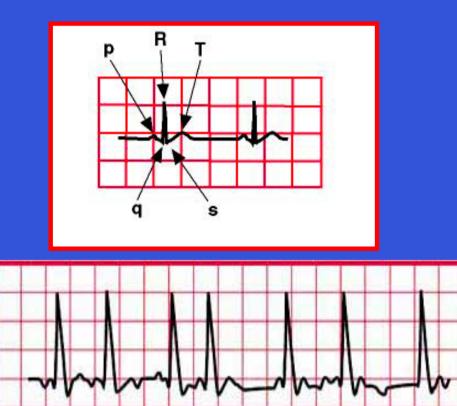
	0.6	0.7	0.8	0.9	1.0	1.2 mm
55 BPM, 1	segr	nent				
70 BPM, 1	: : segr	nent				
80 BPM, 2	: : : : :	nent				
	n m n Br					
:						
90 BPM, 2	2 segn	nent				-

#### Flohr, Herz '03

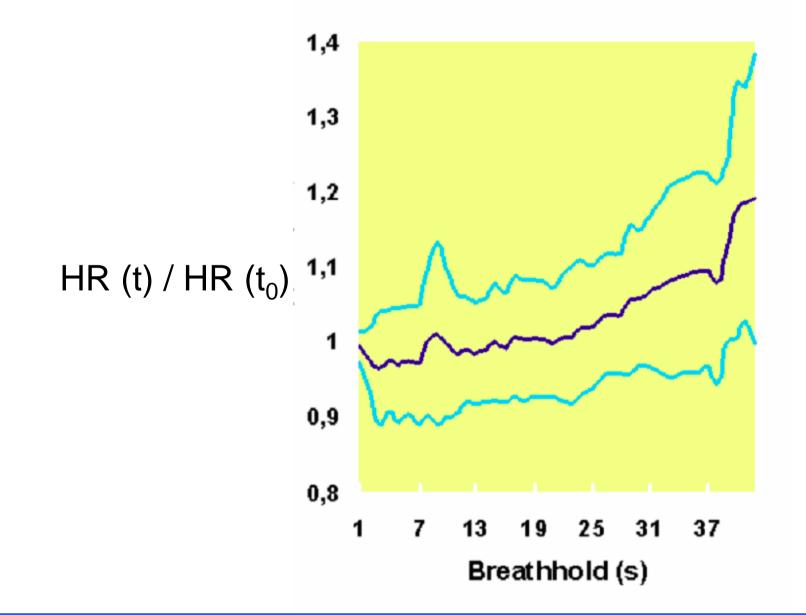
### What are the challenges ?

- ~ 12 cm in length
  - To image heart in one breath-hold
- ~ Varying and irregular heart rates
  - Few beats





### Heart Rate and Breath-hold

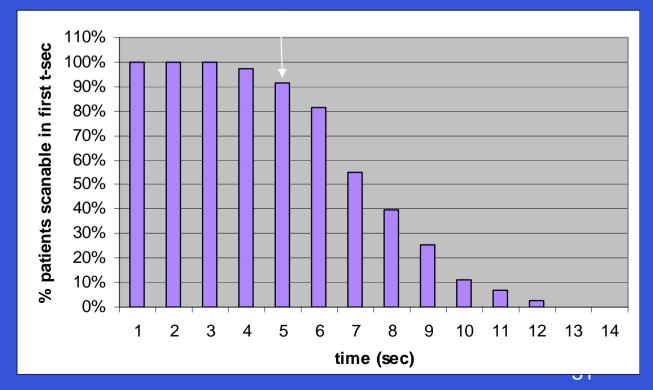


Nieman, Heart '02

Harefield BSCR 2006

### Stability with Time

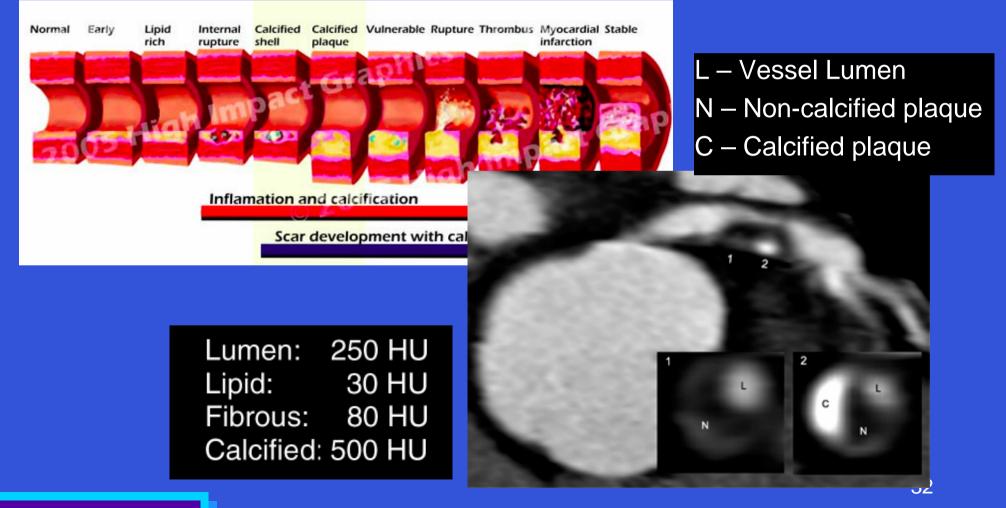
- 100 Cardiac patients
  - evaluated on LightSpeed 16 and Pro 16 scanners
  - Average scan time 20 sec, heart rates ranged from 40 to 110 bpm
- % of Case with Stable Heart Rate
  - 4 beat 97%
  - 5 beat 92%
  - 8 beat 39%
  - 10 beat 10%



Courtesy GE

### What are the challenges ?

Good low contrast resolution (plaque)
 require noise levels equivalent to current CT imaging



Harefield BSCR 2006

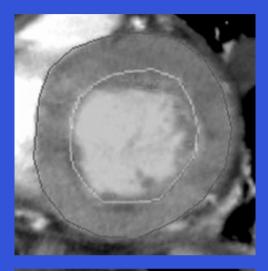
### What are the challenges ?

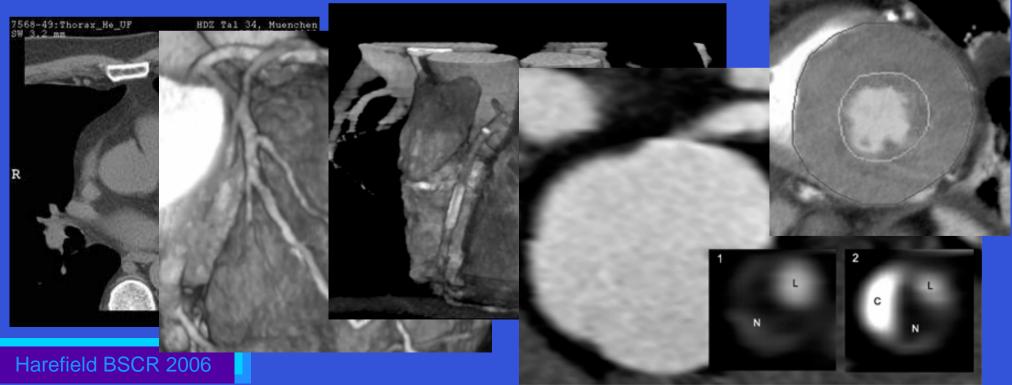
#### • Requirements for imaging the heart

- Image for <100ms</li>
- Isotropic resolution  $< \sim 1 \text{ mm}$
- Low contrast differentiation
- One breath hold and few beats

### Applications of cardiac CT

- Calcium scoring
- Coronary angiography
- Follow-up of interventional work
- Coronary plaque imaging
- Functional imaging





### What are the challenges ?

- Requirements for imaging the heart
  - Image for <100ms ?</p>
  - Isotropic resolution <  $\sim$  1 mm  $\checkmark$
  - Low contrast differentiation
  - One breath hold and few beats

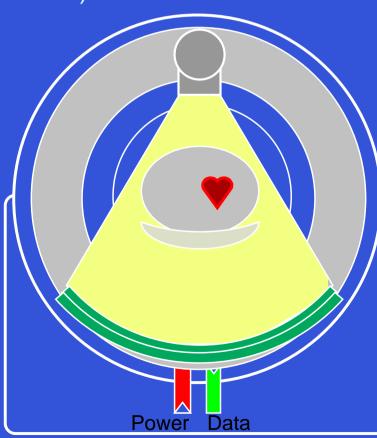
### Technical Aspects of MSCT and ECG Gating

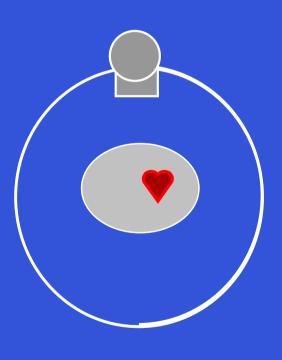
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## CT imaging requirements

- To reconstruct images
  - 180° of scan data is required (180° + fan angle)
- Effective image acquisition time is ~ 0.5 x rotation time
  - ~ 250 ms (for .5s)





## **CT Imaging Requirements**

#### • ECG

 ECG is monitored before and throughout scan

#### Contrast

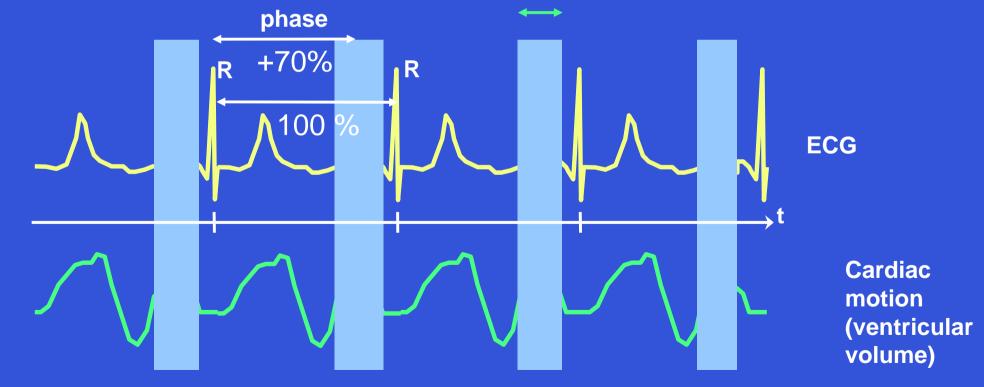
- Uniform distribution of contrast media throughout study
- Beta blockers
  - Sometimes required to lower heart rate



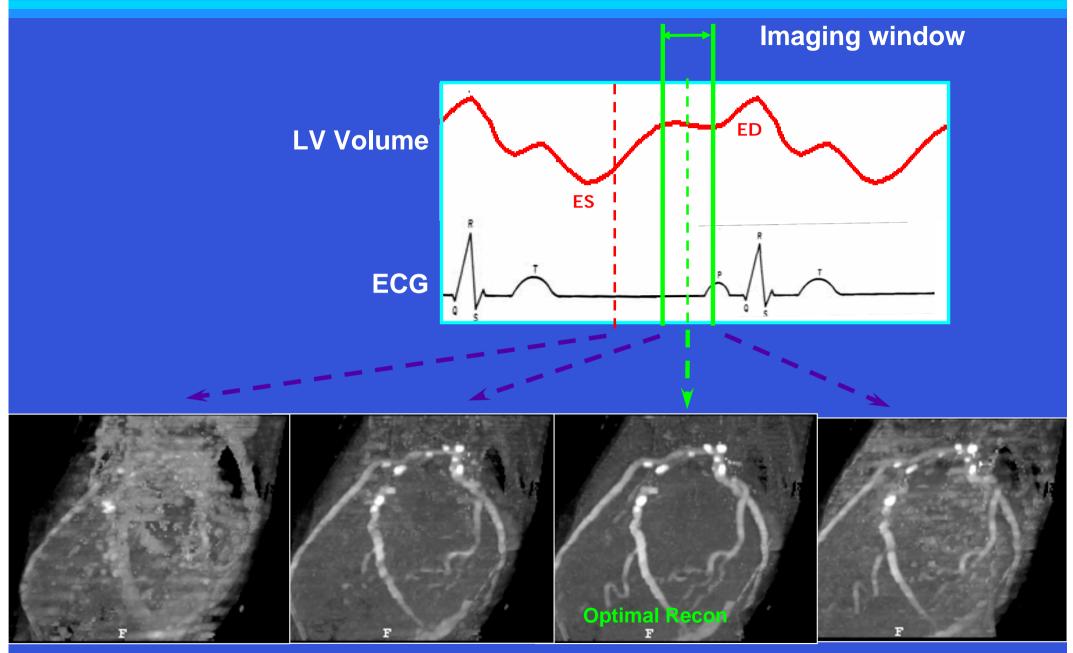
### Principles of Data Acquisition

- Imaging window during period of least cardiac motion
   ~ 100 ms at 60 bpm ie ~ 10% of cardiac cycle
- Position defined in terms of percentage of phase relative to R-R interval (+/- %)

Window =  $\sim 100 \text{ ms}$ 



### Choosing the best phase for reconstruction

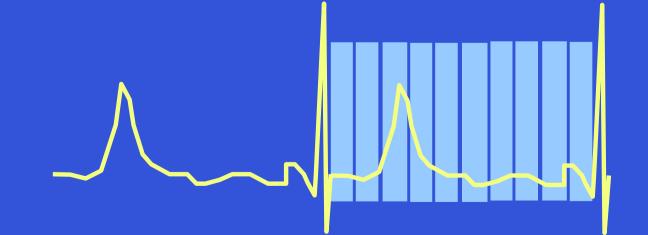


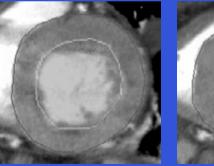
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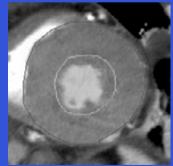
#### Phase of reconstruction

- Actual phase depends on particular area of interest

   ~70% of the R-R interval for LCA
   sometimes 40% for the RCA
- Many phases can be reconstructed
  - eg can be reconstructed at 5, or 10% intervals for functional imaging

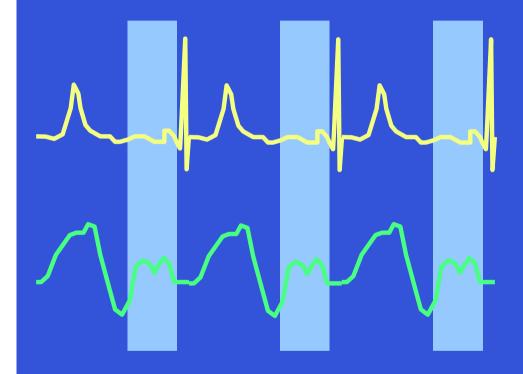


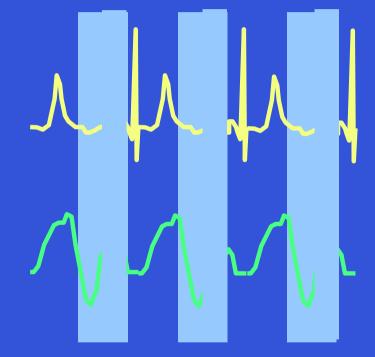




### Principles of Data Acquisition

• Image window may be too wide for higher heart rates





higher heart rate

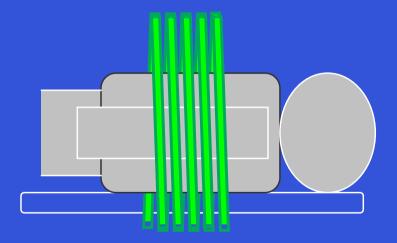
 At higher heart rate 100 ms window covers region of greater movement ⇒ Need smaller temporal window

### Image acquisition

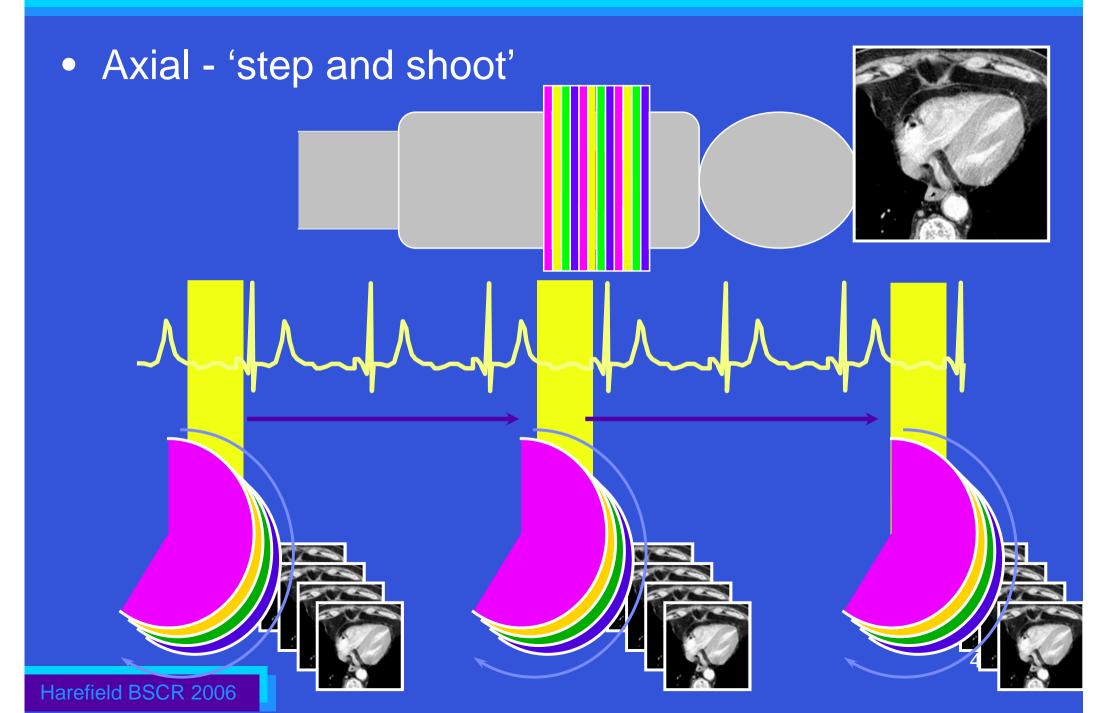
• Cardiac CT data are acquired in two main modes

Sequential, 'stop and shoot' Prospective ECG gating (ECG triggering)

Helical Retrospective ECG gating



#### Prospectively gated cardiac CT

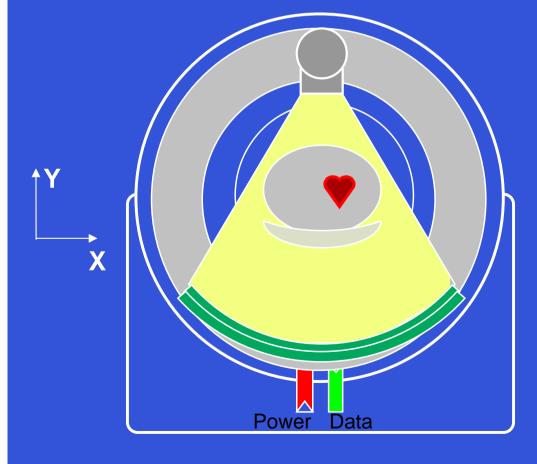


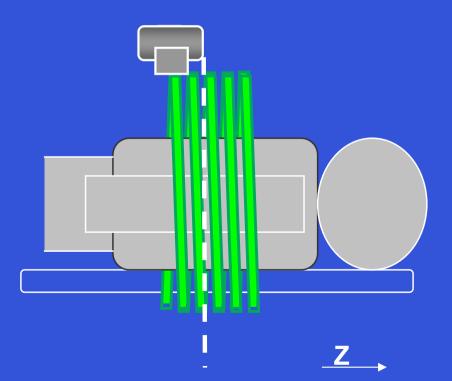
## Prospective gating – ECG Triggering

- X-rays on only for data collection
- Coverage limited by breath hold considerations on 4 slice scanners
- Tends to be used for calcification scoring
   Can't acquire 64 thin slice, slice widths of ~ 3mm
- Increasing heart rate leads to poorer images
  - More heart motion included in 180 degree window

## Retrospective gating of image data

- Continuous irradiation and data collection in helical acquisition
- Single or multi-sector reconstruction



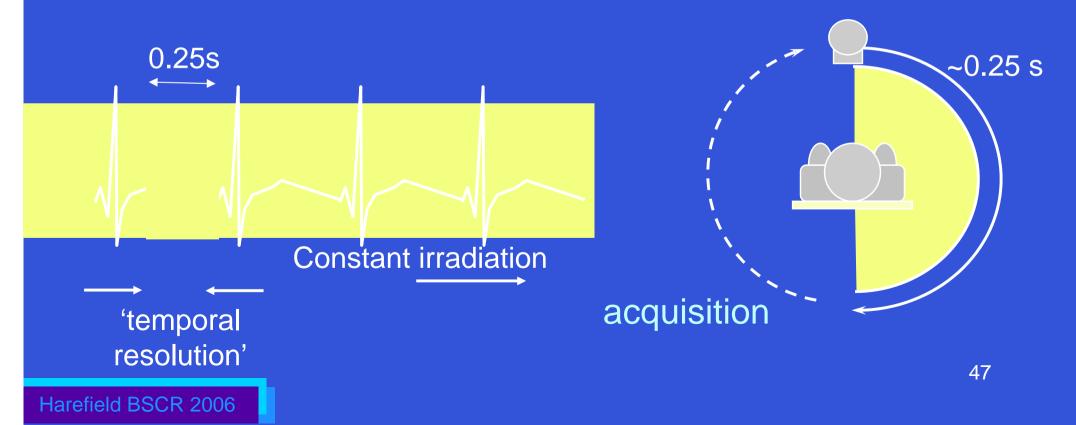


#### Single sector

180° sector of data

#### - Sector time window = $\frac{1}{2}$ rotation time

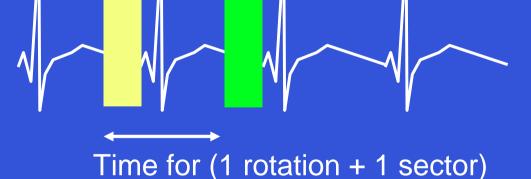
- eg 0.5 sec rotation (500 ms), sector = 0.25 s (250 ms)
- Data from one heart beat

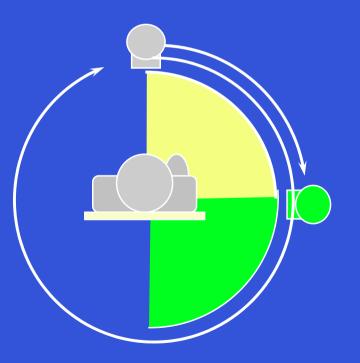


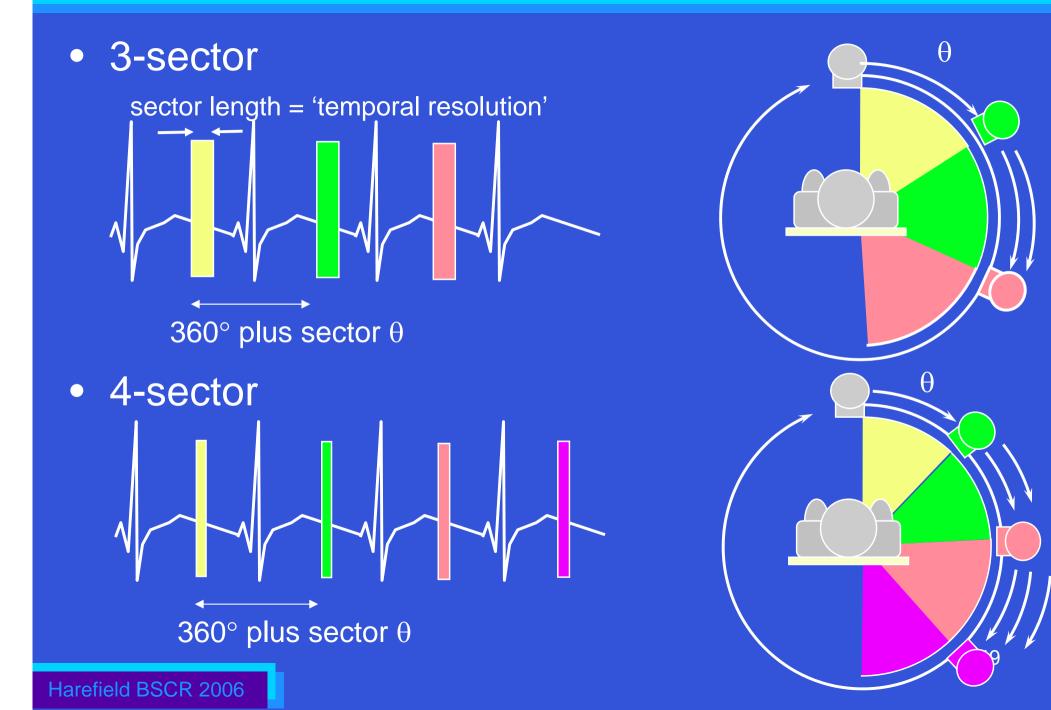
#### Two sector

- Two sectors each of 90  $^\circ$
- Sector time =  $\frac{1}{4}$  rotation, eg = 125 ms (with 0.5 s rot)
- Data from 1 ¼ rotations, two heart beats

sector length = 'temporal resolution'

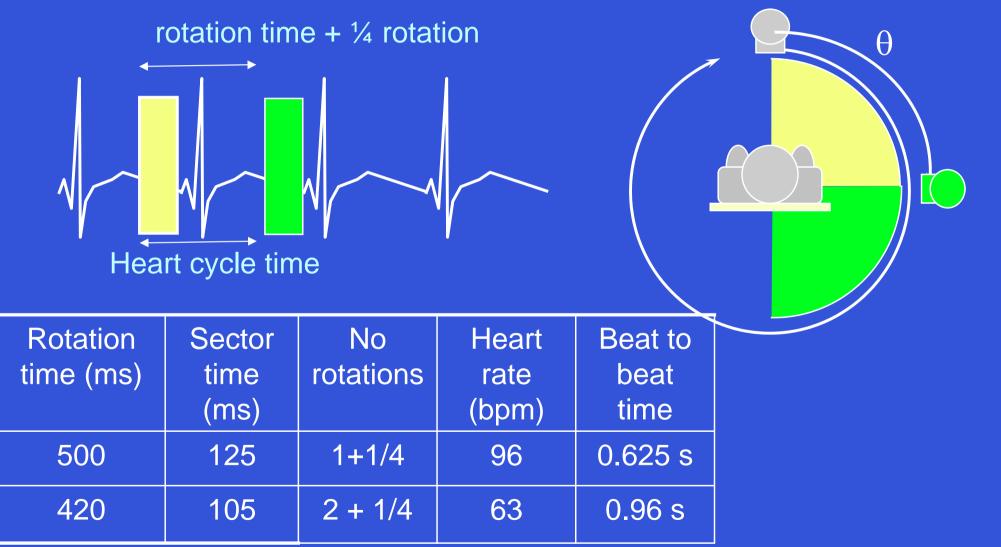




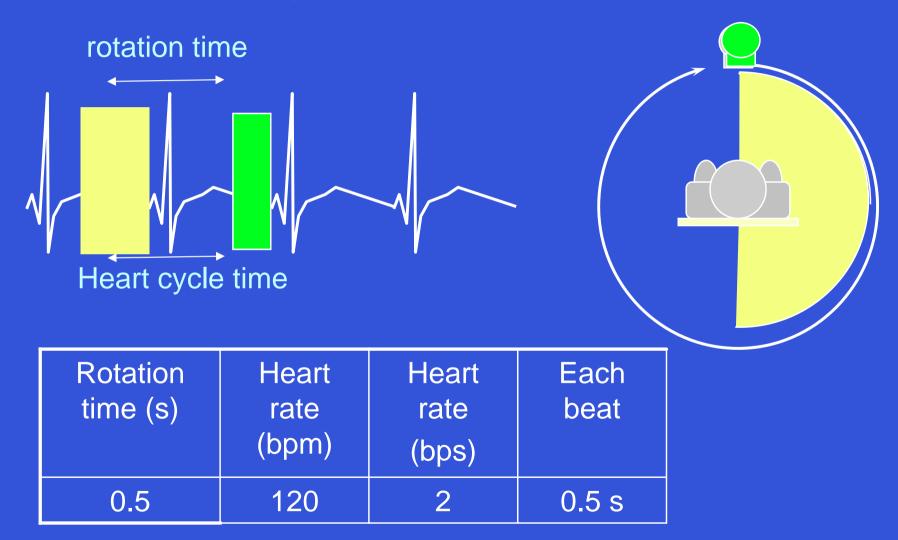




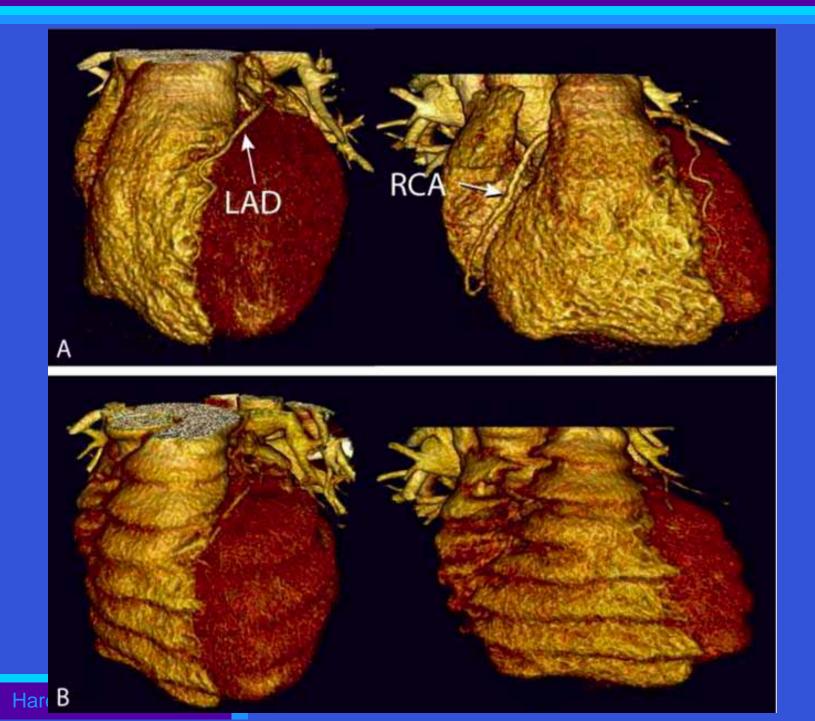
#### • Two sector - optimum timing (rotation and heart rate)



#### • Two sector – synchronisation



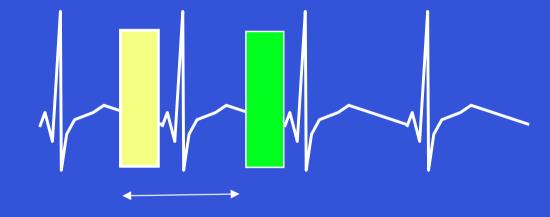
### **Coronary arteries**

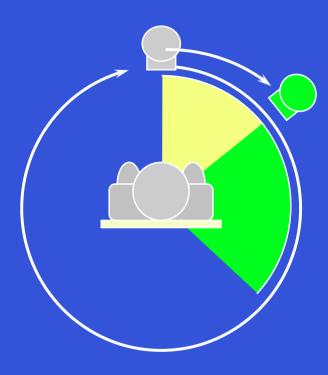


#### ECG-HR optimum timing

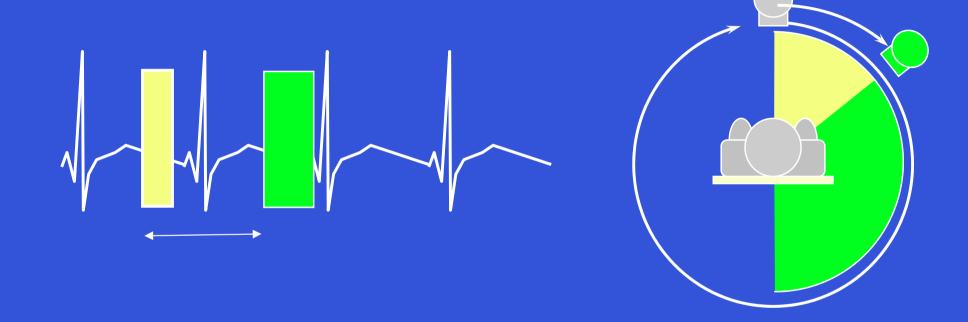
#### Synchronized

Two sector – midway





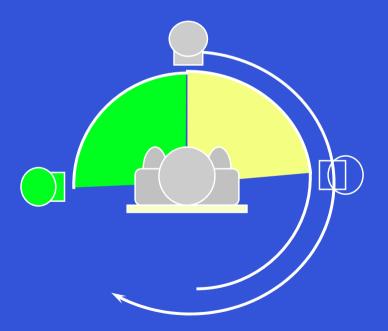
Two sector – midway



- Unequal sectors can be used
- Temporal resolution determined by largest sector

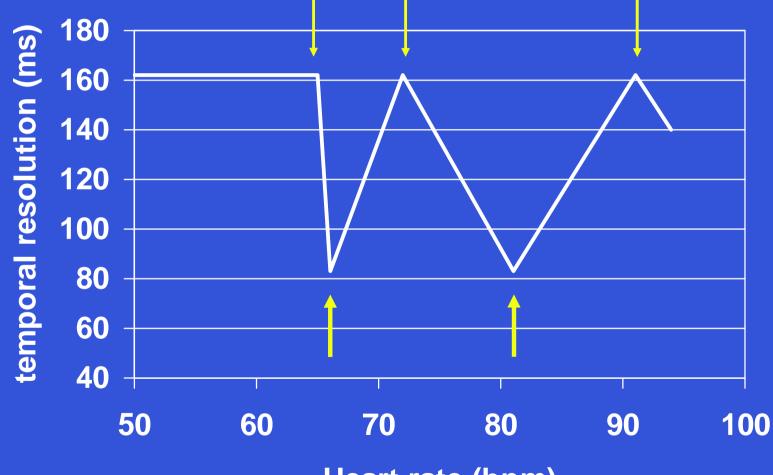
- Can use 180° opposite projections
   More options of data for next sector
- 2-sector





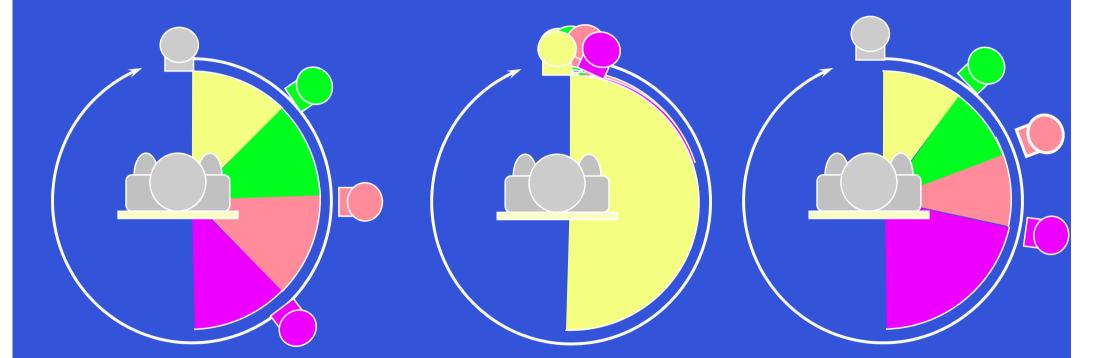
### Temporal resolution graph – 2 sector

• Maximum two sector reconstruction, 0.33s rotation



Heart rate (bpm)

Same principles apply for many sectors
 – eg 0.5 sec rotation, each sector = ~ 68 ms with perfect matching

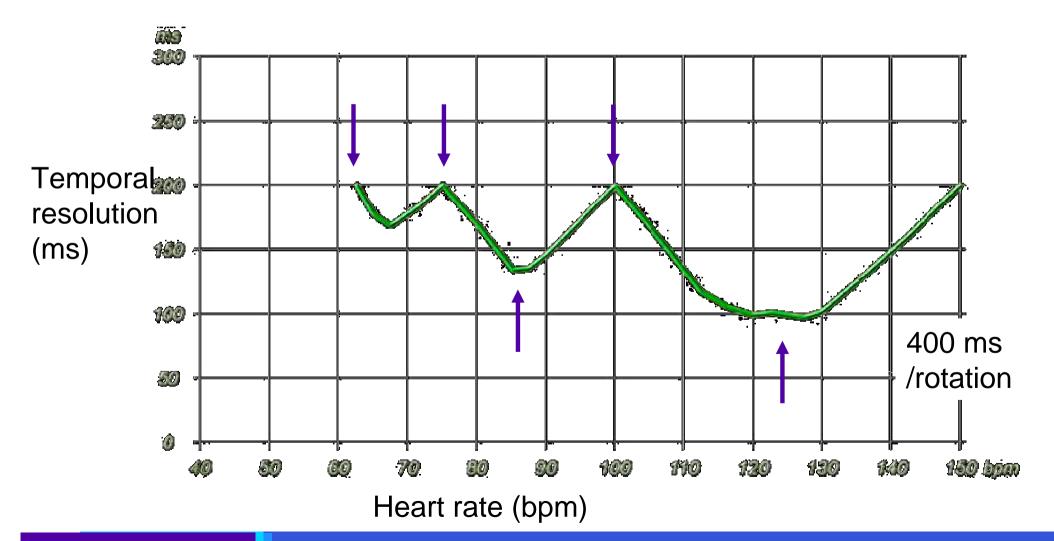


Sector length 'temporal resolution' = (500/2)/4 = 68 ms



### Temporal resolution graph – multi-sector

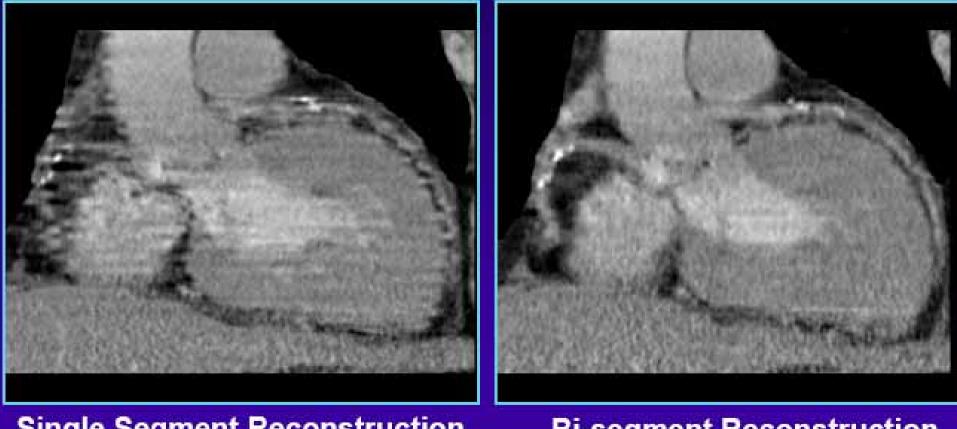
 Peaks at single sector, troughs at increasing number of multi-sectors



Harefield BSCR 2006

**Courtesy Toshiba** 

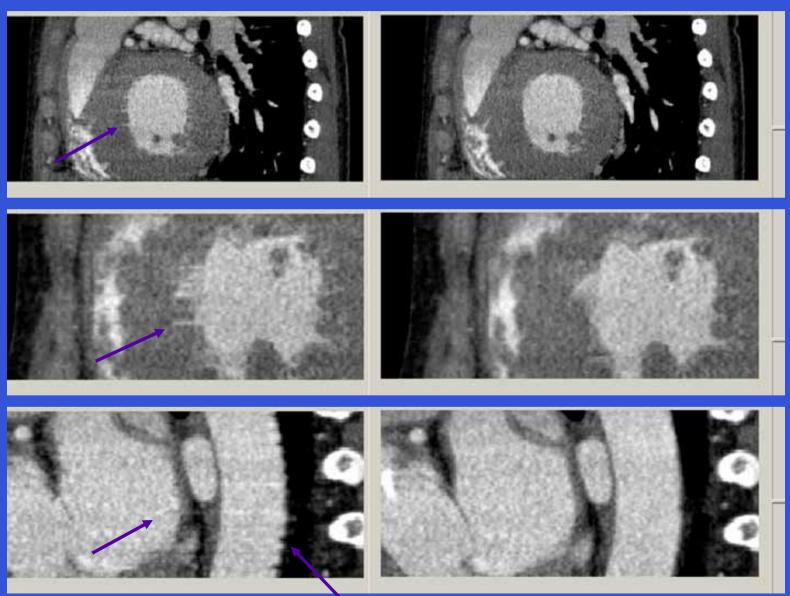
#### Single-segment vs Bi-segment (high HR)



Single Segment Reconstruction 250ms Bi-segment Reconstruction 125msec

#### 2 Sector

#### 3 Sector

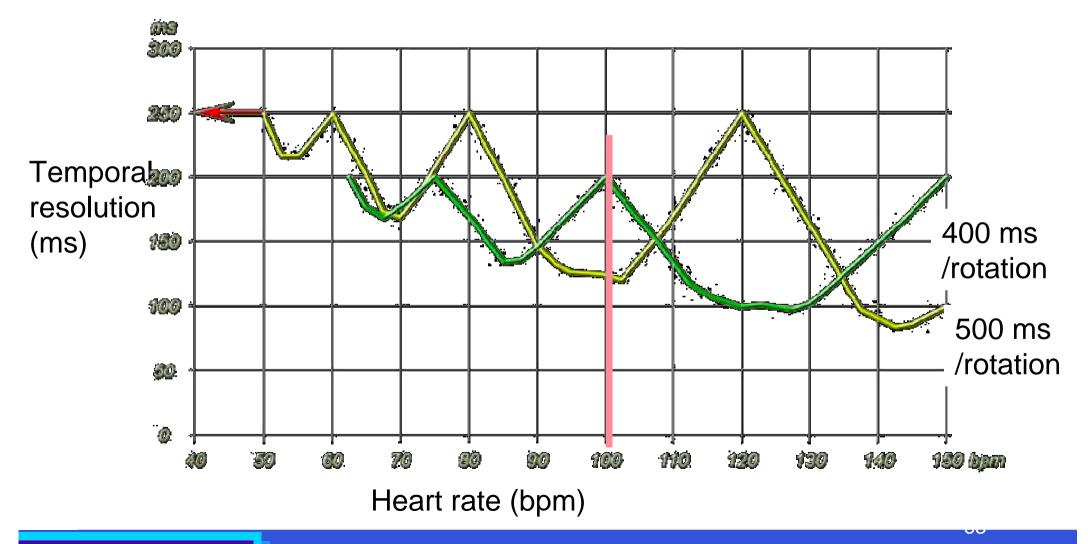


62

**Courtesy Philips** 

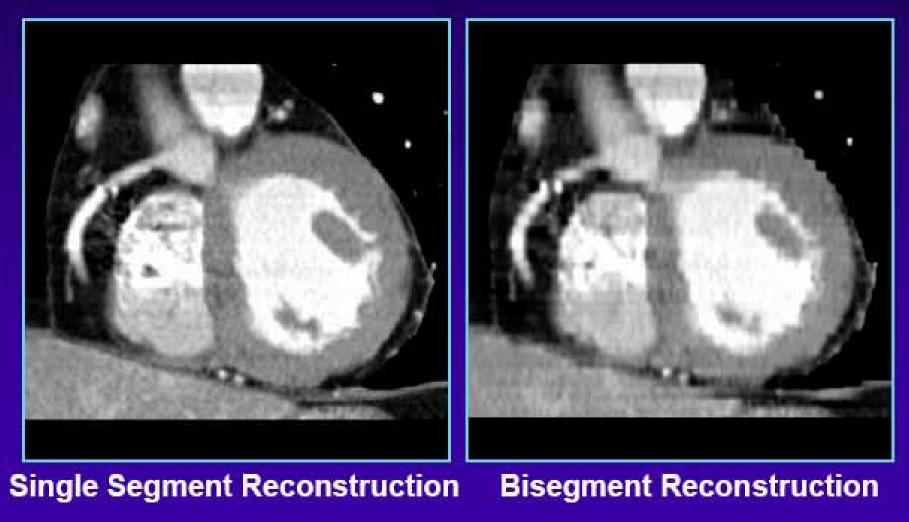
## **Temporal Resolution and Rotation Time**

 Optimum temporal resolution depends on asynchrony of heart rate and rotation time



Harefield BSCR 2006

#### Single segment vs Bi-segment (low HR)

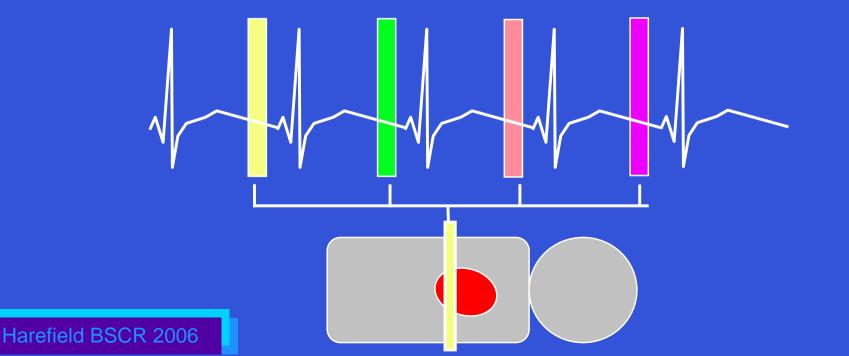


#### 250ms

125ms

- 'Temporal resolution' = sector length

   Fastest rotation time gives shorter sector lengths
   Multi-sector gives shorter lengths avoid synchronisation
- More sectors require more beats
- Require steady heart beat for good registration



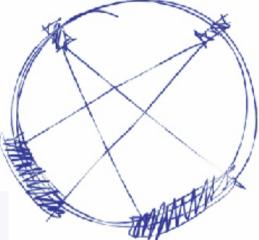
Dual tube imaging

Siemens Definition launched RSNA '05

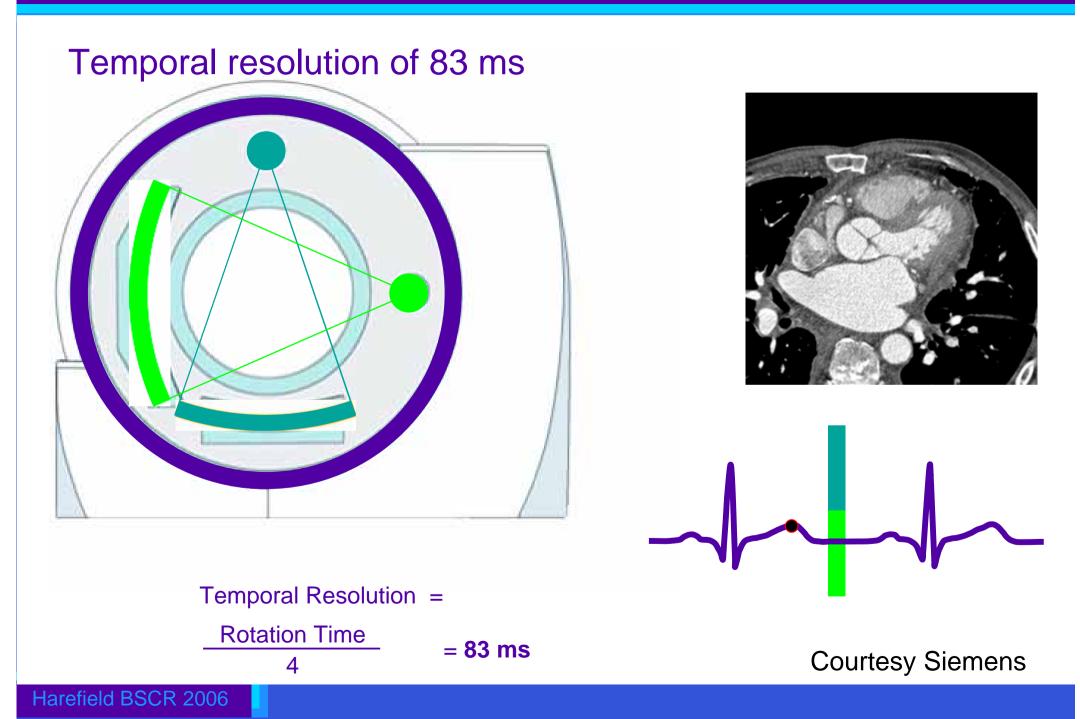
Two tubes at 90°

2 x 1/4 sectors simultaneously in 83 ms

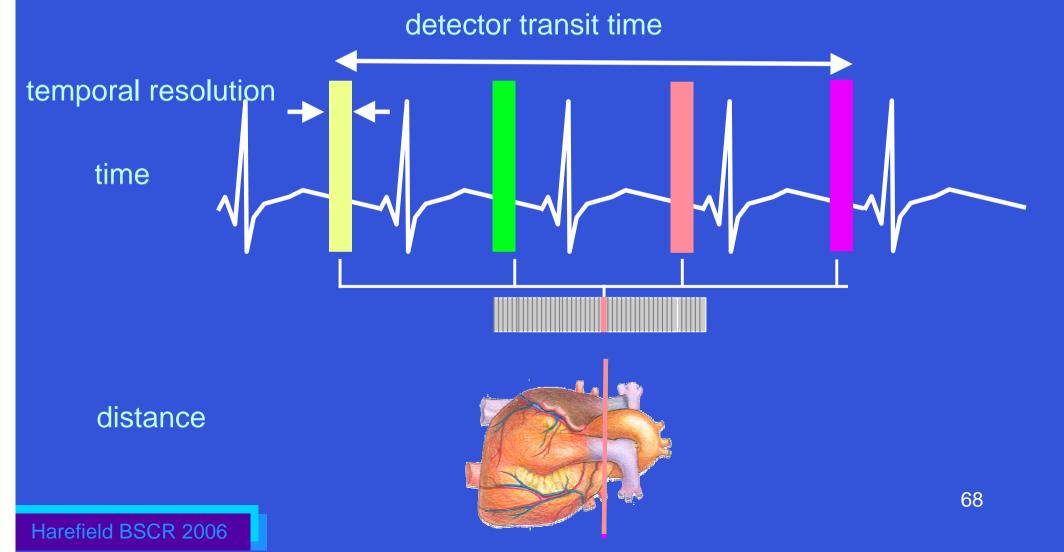




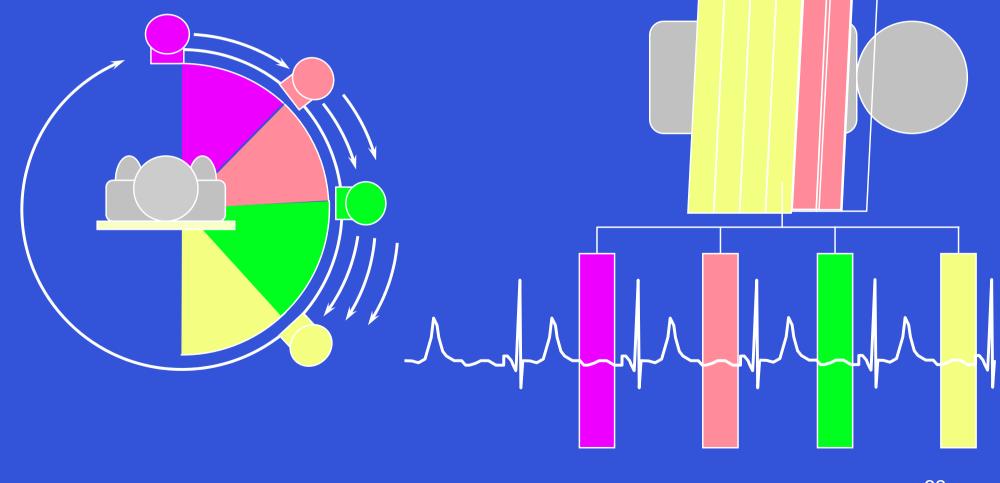
# Siemens Dual Source CT



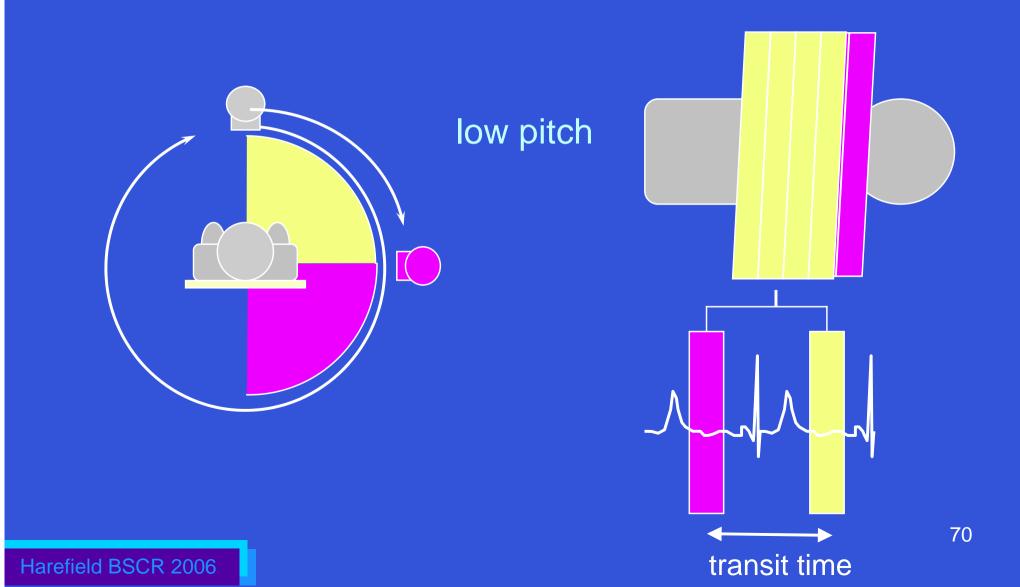
 To reconstruct from a number of sectors, the detectors need to image the given slice of heart for the equivalent number of heart beats



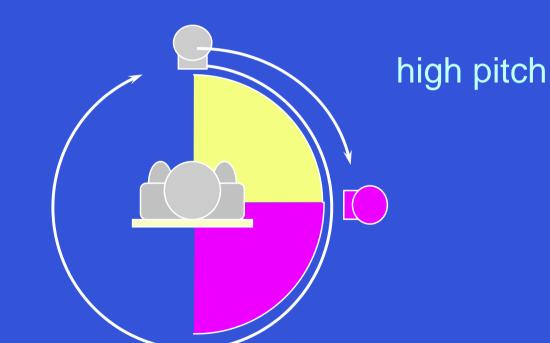
Different detector banks contribute to each sector
 Overlapping pitch



• eg 2 segments

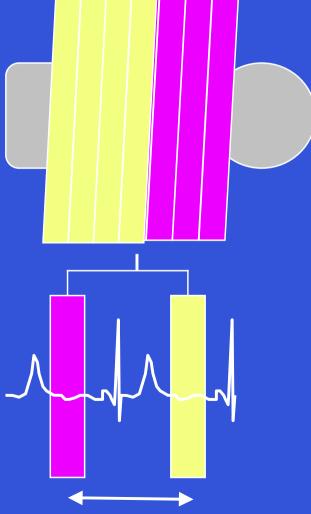


• eg 2 segments



 But if pitch too high there will be gaps in the reconstruction data

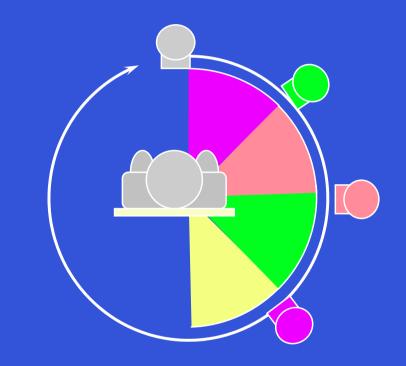
Harefield BSCR 2006

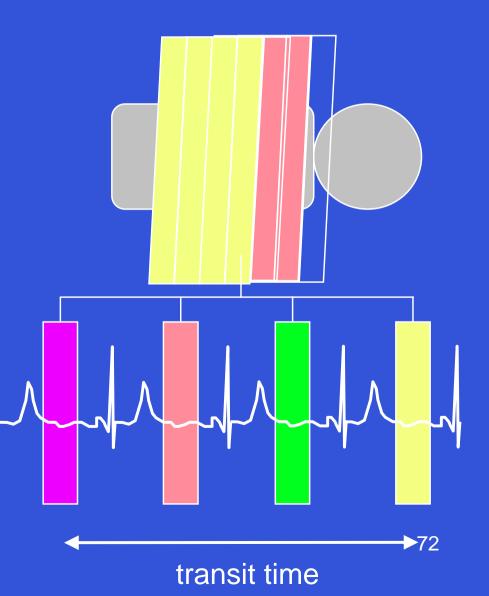


transit time

71

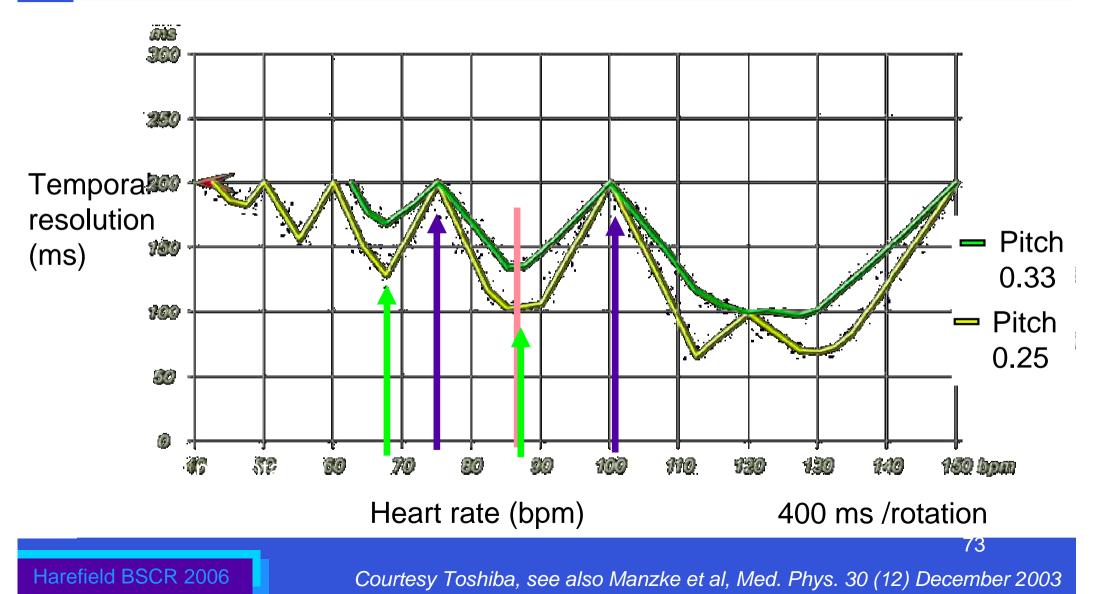
• Four segments – lower pitch (slower table speed)





### **Temporal Resolution and Pitch**

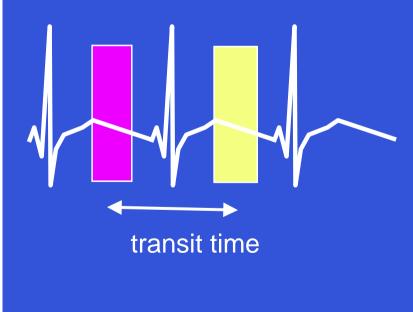
• Pitch does not affect optimum matching of rotation time and heart rate



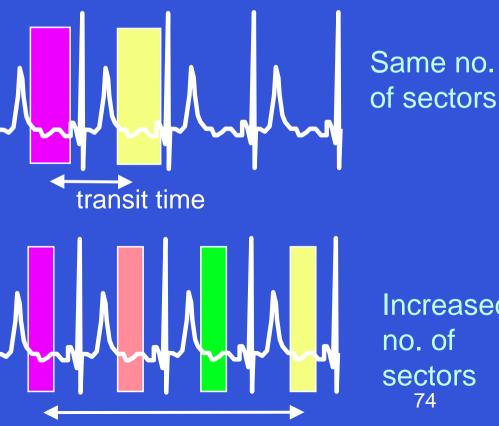
## Heart rate

#### Increased heart rate

- Same number of sectors
  - Avoid synchronisation change rotation time?
  - Pitch can increase  $\Rightarrow$  lower dose, faster coverage of heart
- More sectors may be used
  - Pitch must decrease



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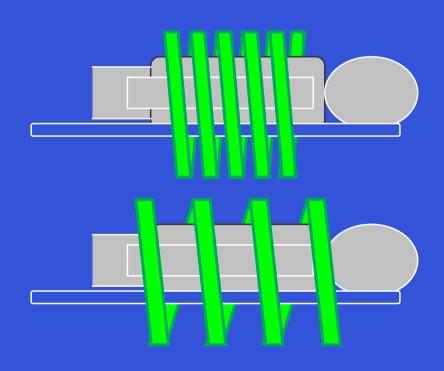
#### transit time

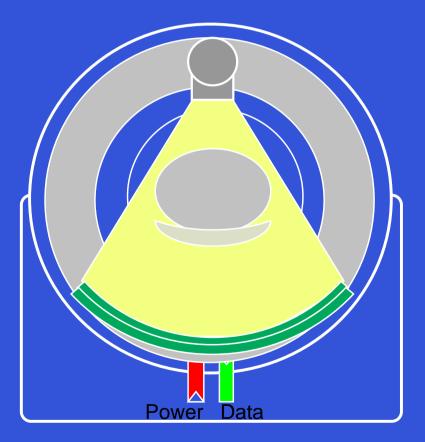
Increased

## Time to cover heart

### • Depends on

- pitch, rotation time, detector acquisition length

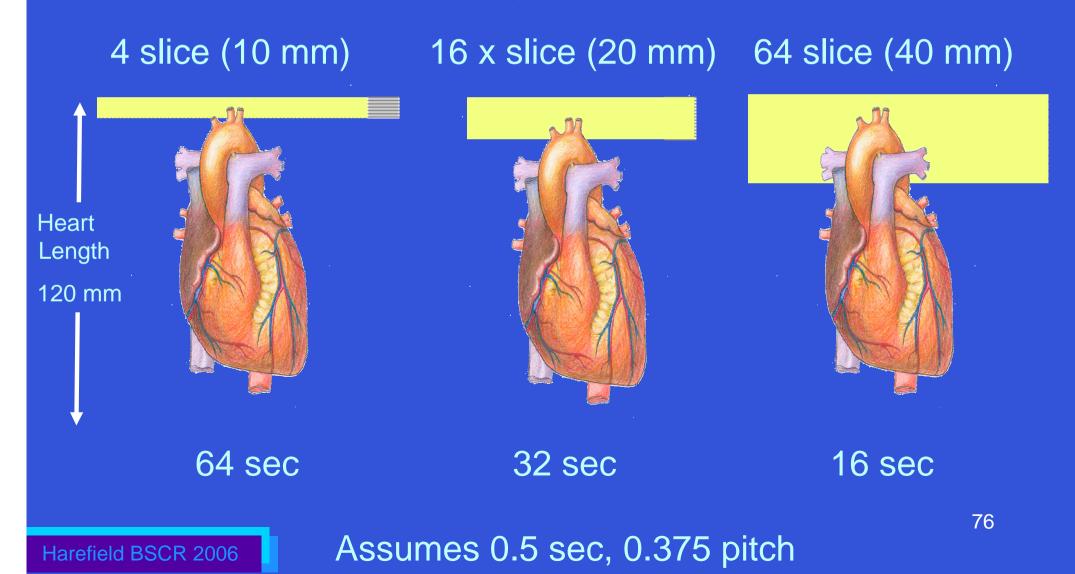




## Time to cover heart

### • Depends on

- detector acquisition length



## Time to cover heart

### • Depends on

- pitch, rotation time, detector acquisition length

64 slice scanners	IGE	Philips	Siemens (1 tube)	Siemens (2 tube)	Toshiba
Acquisition width	0.625	0.625	0.6	0.6	0.5
Min rotation times (s)	0.35	0.42	0.33	0.33	0.4
Detector length (mm)	40	40	19.2	19.2	32
Time to cover 120 mm ^ (s)	5.3	6.3	10.3	5.1	7.5

## Multi-sector reconstruction



## Technical Aspects of MSCT and ECG Gating

## • MSCT scanning

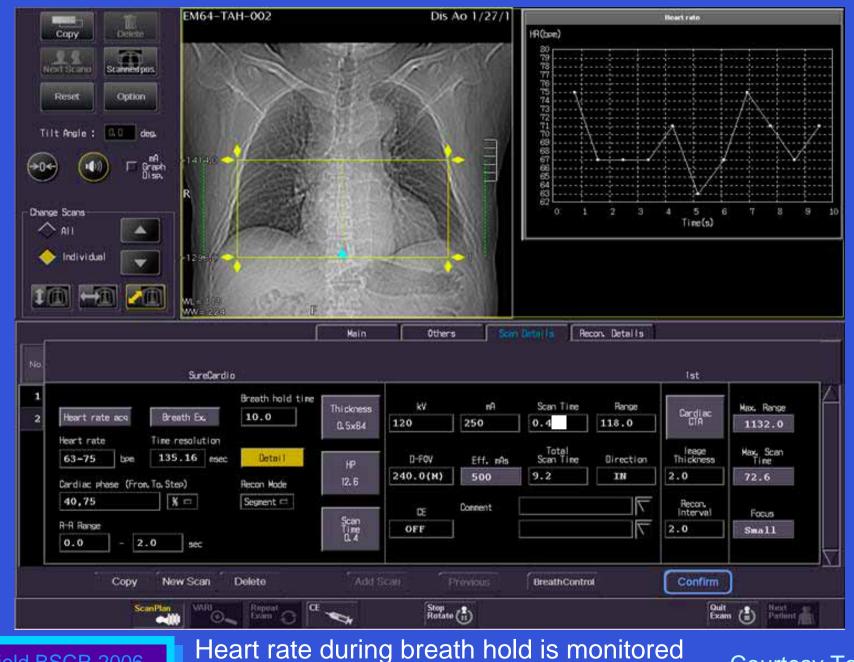
- Principles
- Current technology
- Particular challenges of imaging the heart
- ECG Gating techniques
- Practical approaches to optimisation
- Dose
- The future

# Practical approaches to optimisation

- Monitor pre-scan heart rate
  - To determine best combination of pitch, rotation time, number of sectors
- Finding the best phase
  - Motion maps
- Responding to change in heart rate

   ECG editing

## Pre-scan resting heart rate



Harefield BSCR 2006

**Courtesy Toshiba** 

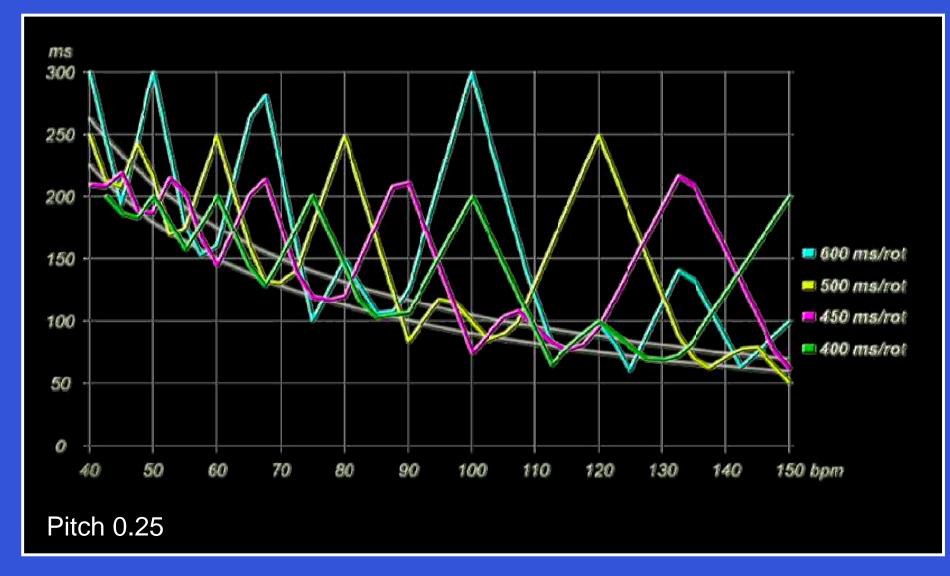
81

## Pre-scan resting heart beat

- Optimum combination of parameters rotation time, pitch, no of sectors
- Selection automatic using complex algorithms, semi-automatic, or guided by protocols

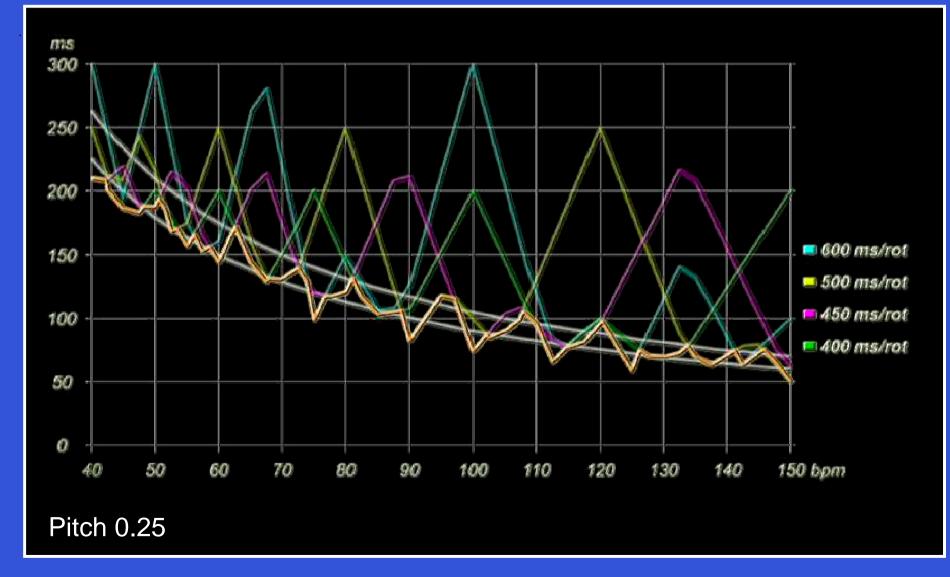
	IGE	Philips	Siemens (1 tube)	Siemens (2 tube)	Toshiba
Minimum scan time	0.35	0.42	0.33	0.33	0.42
No of sectors	1, 2, 4	Up to ?5	1 or 2	1 or 2	Up to 5

## Automatic selection of rot. time, pitch & sectors



Courtesy Toshiba <sup>83</sup>

## Automatic selection of rot. time, pitch & sectors



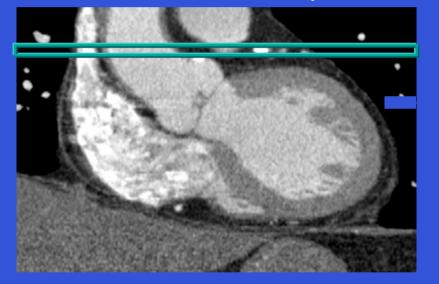
## Phase of reconstruction

- Actual phase depends on particular area of interest

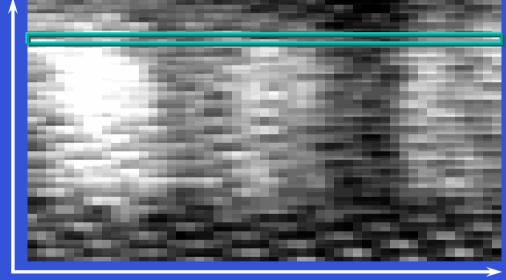
   ~70% of the R-R interval for LCA
   sometimes 40% for the RCA
- Exact matching of phase to heart motion

Motion Maps

#### For reference only



#### Raw data motion map



Phase

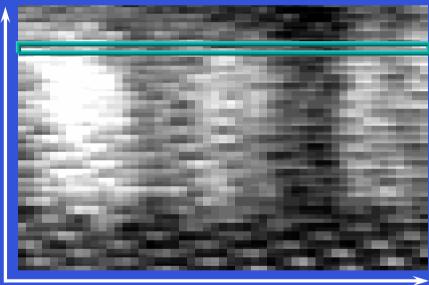
Using a raw data motion map movement in the cardiac cycle is determined

Z- Axis Position

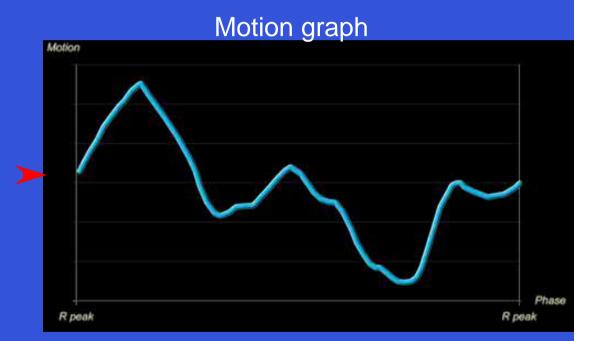
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Motion Maps

#### Raw data motion map



Phase



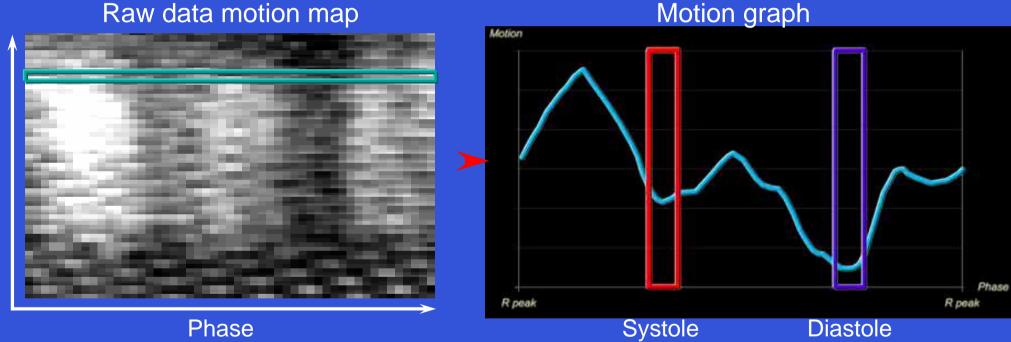
The raw data motion map is converted into a motion graph



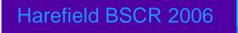
Z- Axis Position

• eg optimum phase may be 72% not 70%

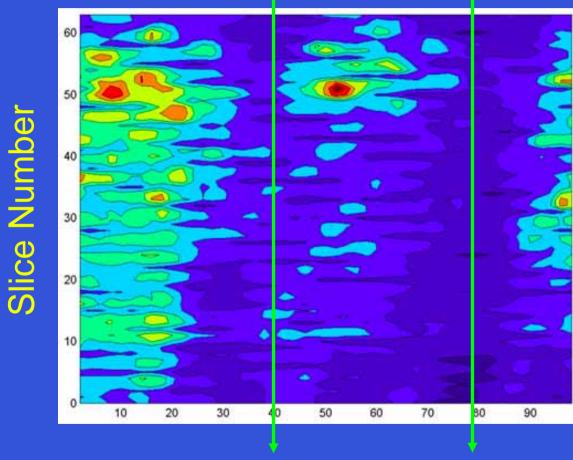
Z- Axis Position



The troughs indicate the least motion phases used for reconstruction



## Example: Min:56, Max:67, Avg 60



#### **Cardiac Phase**



Courtesy: Philips, R. Manzke, M. Grass, Philips Research Labs, Hamburg, Germany

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# Responding to change in heart rate

## Retrospective ECG Editing of reconstruction data



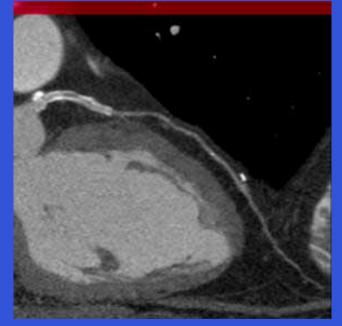
Harefield BSCR 2006

**Courtesy Siemens** 

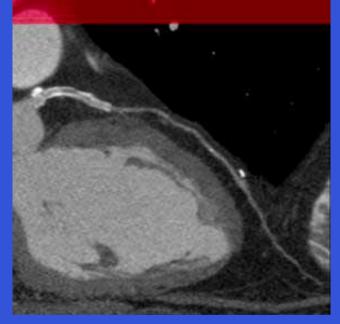
# **ECG** Editing

 Important in 64 slice scanners where fewer beats are used to cover heart

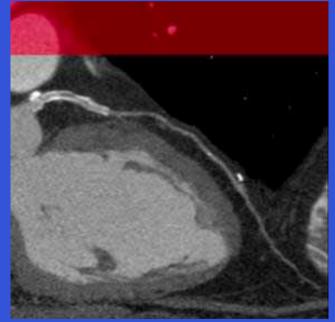
#### 16 slice scanner



### 32 slice scanner



### 64 slice scanner



#### 24 beat scan

12 beat scan

6 beat scan

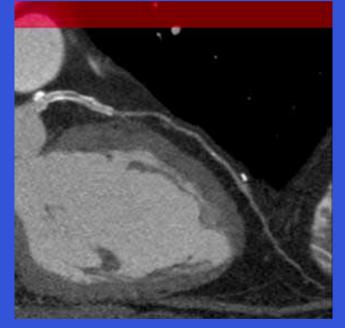
### 1 beats recorded incorrectly



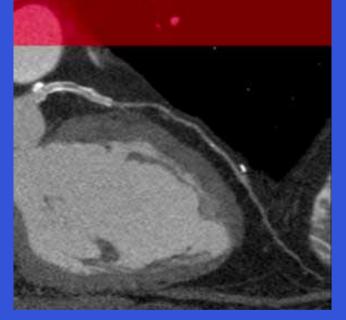
# **ECG** Editing

 Important in 64 slice scanners where fewer beats are used to cover heart

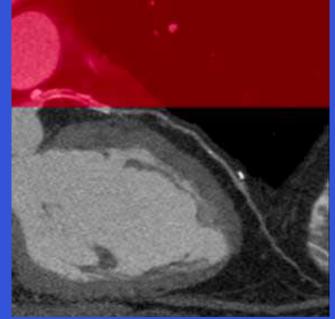
#### 16 slice scanner



### 32 slice scanner



### 64 slice scanner



#### 24 beat scan

12 beat scan

6 beat scan

2 beats recorded incorrectly

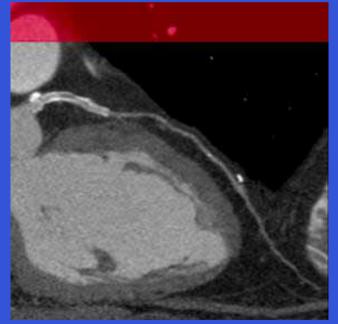
Harefield BSCR 2006

Courtesy Toshiba <sup>92</sup>

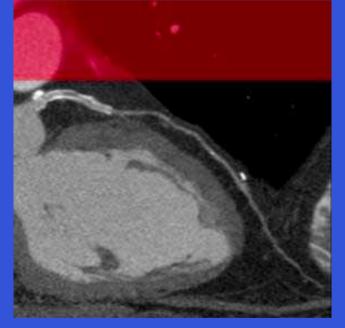
# **ECG** Editing

 Important in 64 slice scanners where fewer beats are used to cover heart

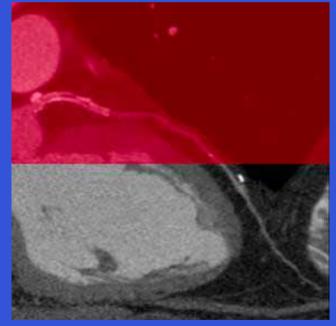
#### 16 slice scanner



### 32 slice scanner



### 64 slice scanner



#### 24 beat scan

12 beat scan

6 beat scan

### 3 beats recorded incorrectly

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Courtesy Toshiba <sup>93</sup>

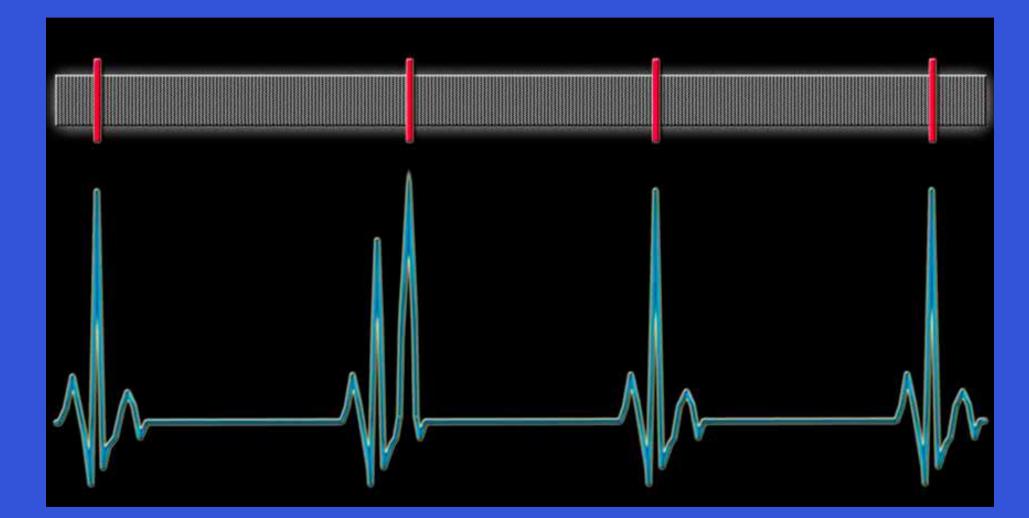
### **Enhanced T-peak**

During registration T-peak exceeds R-peak

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Courtesy Toshiba <sup>94</sup>

### **Enhanced T-peak**

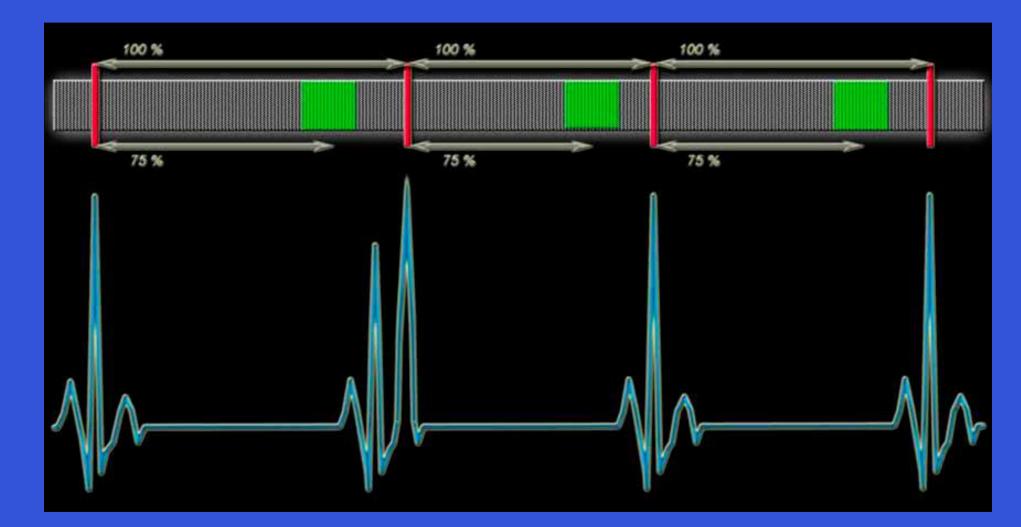


R-peaks are incorrectly recognized and time markers are incorrectly set



### **Enhanced T-peak**

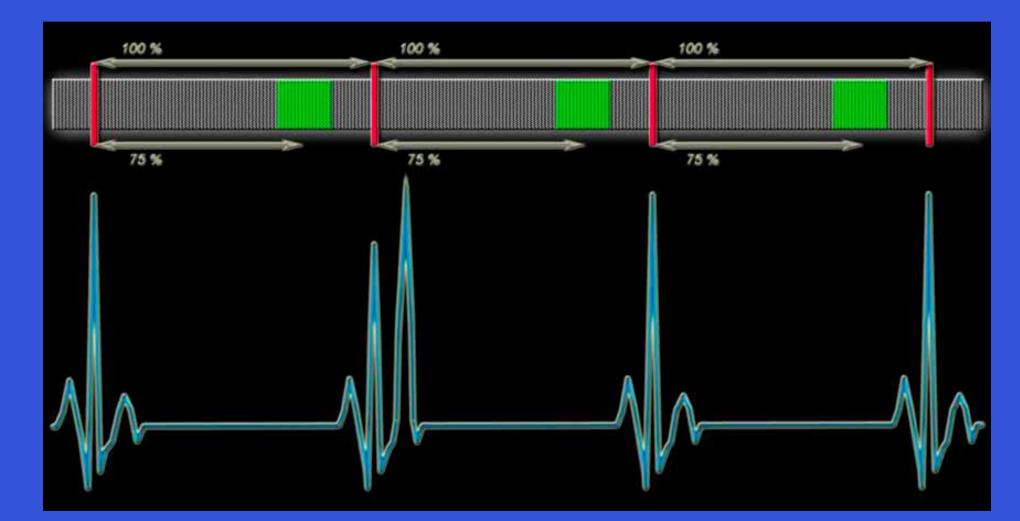
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Raw data from wrong phase is used prior and after the T-peak

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### **Enhanced T-peak**

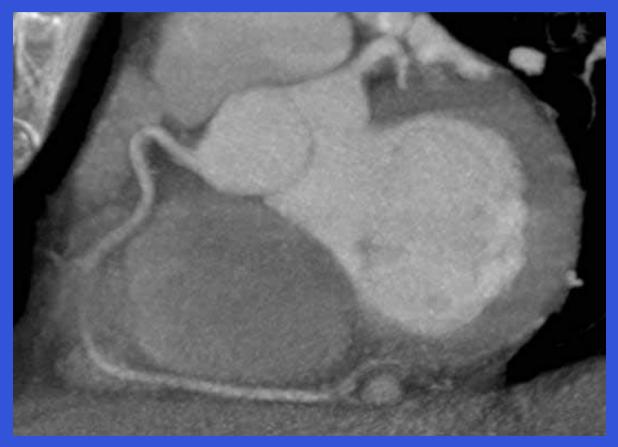


Correct phase, specific raw data is used for reconstruction



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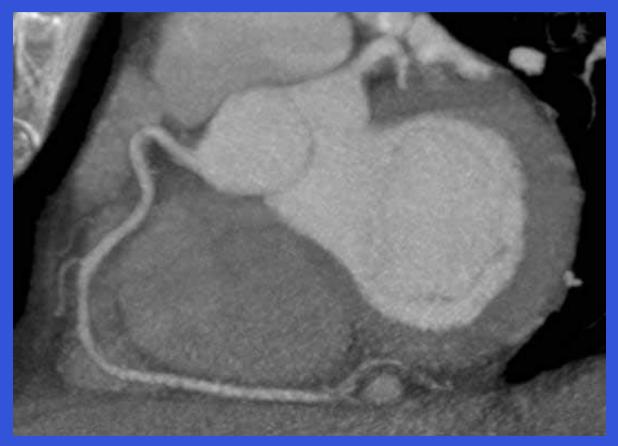
## Sub optimal ECG 64 slice, one T instead of R-peak



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## ECG Editor 64 slice, move T-peak to R-peak

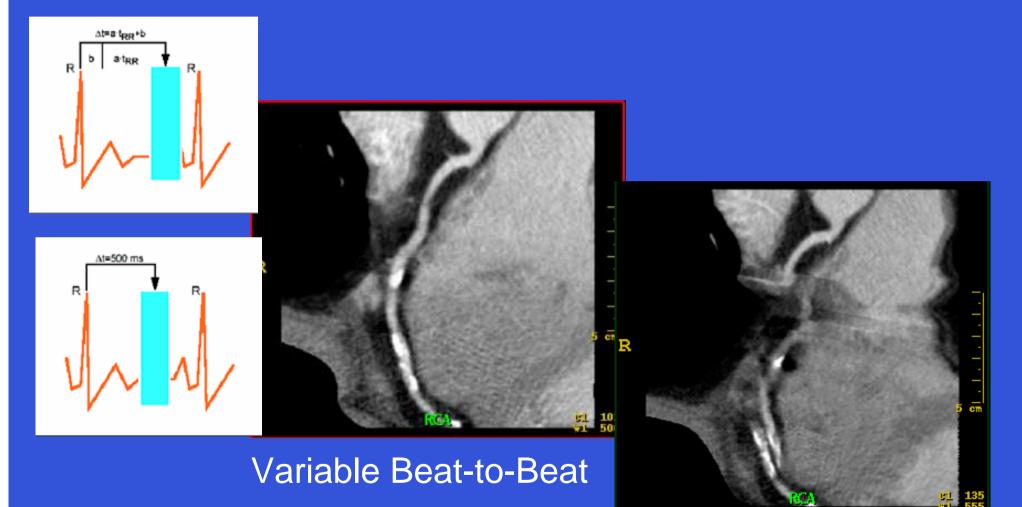


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# ECG tracking to deal with irregular beat

### Track the R-to R in real time



#### **Fixed Offset** 100 Courtesy: Philips (Dr. Martin Hoffmann, Uni-Ulm, Germany)

Harefield BSCR 2006

## Technical Aspects of MSCT and ECG Gating

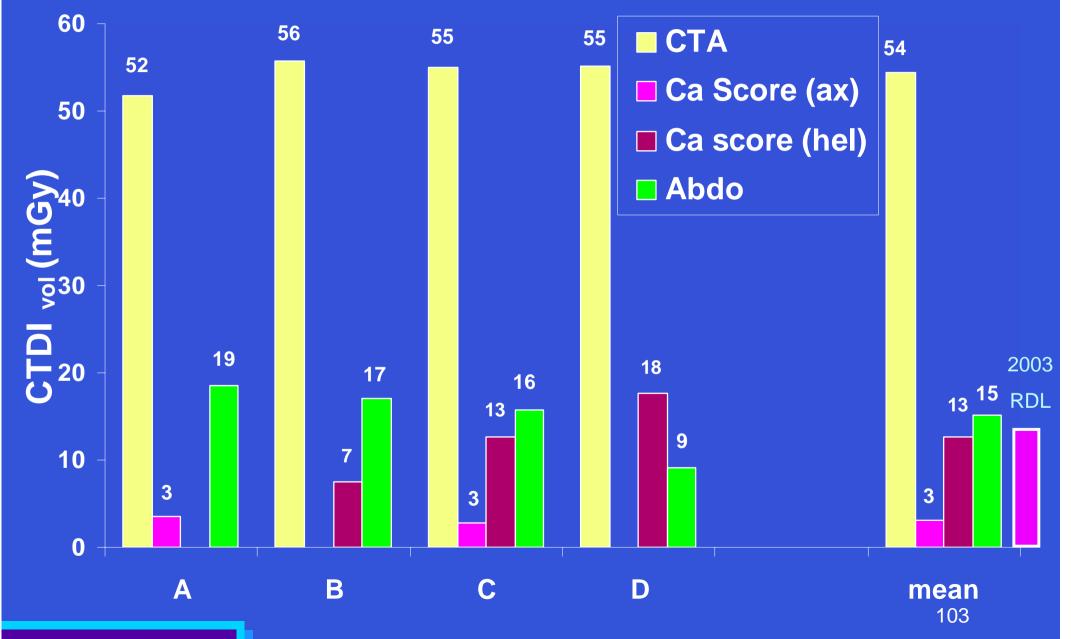
## • MSCT scanning

- Principles
- Current technology
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- The future

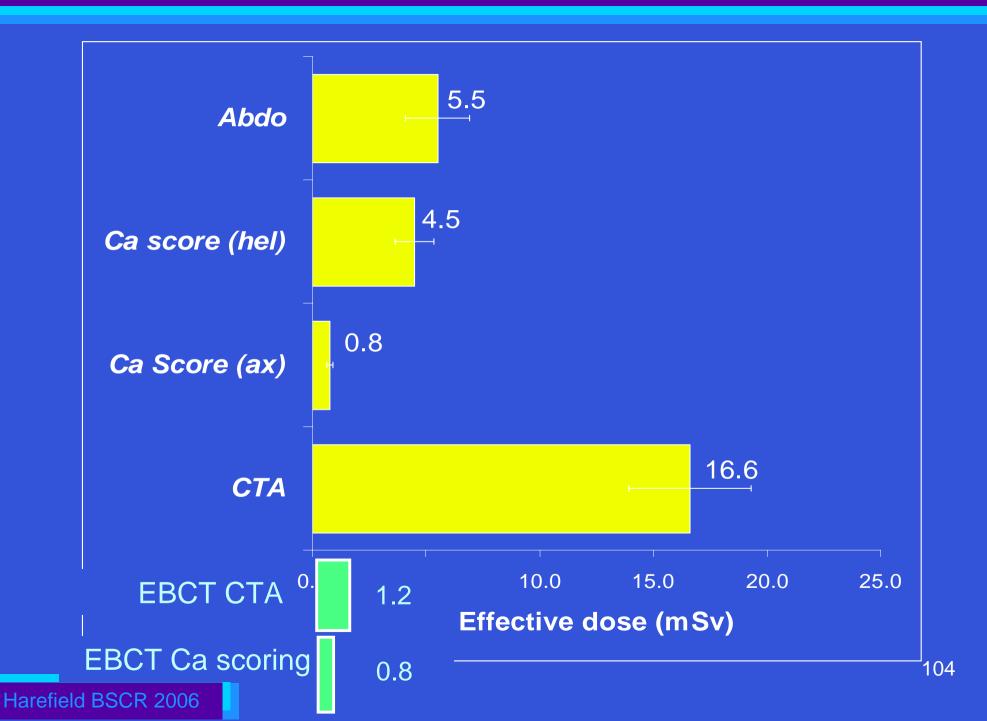
# Dosimetry

- Overlapping pitch
  - High dose
  - Where possible increase pitch to reduce dose
- Might expect dose to increase
  - only reconstruct part of the data set for any one image
  - -10% of data  $\Rightarrow$  ~ 3 x dose to achieve similar iq
- Typical dose values
  - Comparison with other examinations and modalities
- Dose saving techniques
  - ECG dose modulation
  - Special beam shaping filters

# Organ Doses for Cardiac Scanning



## **Effective Doses**



## Dosimetry

Cardiac CT radiation doses are relatively high.
Ball park figures (dependent on technique etc)

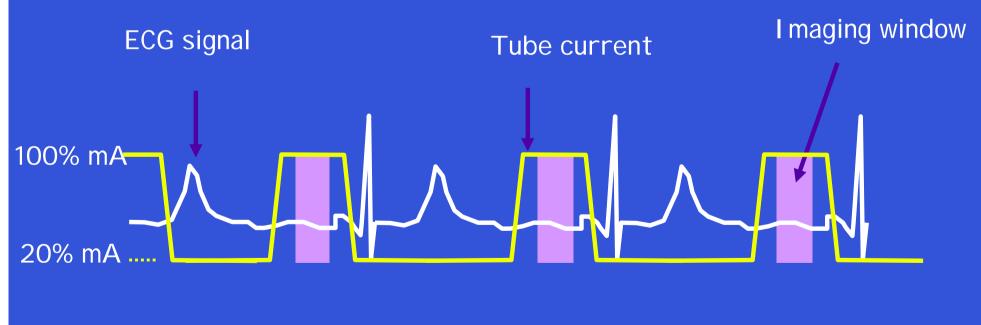
mSv	
~ 10 – 15	CT angiography
~ 5	planar coronary angiography
~ 5	PET <sup>82</sup> Rb
~ 2	PET <sup>13</sup> NH <sub>3</sub>
~ 10	SPECT

Harefield BSCR 2006

# **ECG Tube Current Modulation**

## • ECG current modulation is used

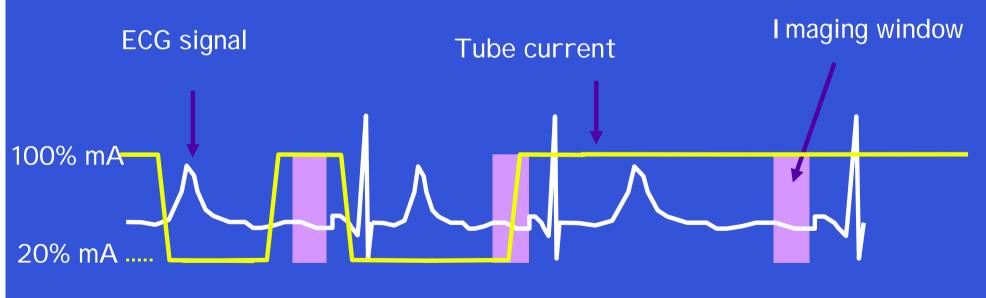
- mA reduced outside of required reconstruction phase down to ~ 20%
- Net dose savings ~ 50%
- Can be automatically suspended if ECG changes



# **ECG Tube Current Modulation**

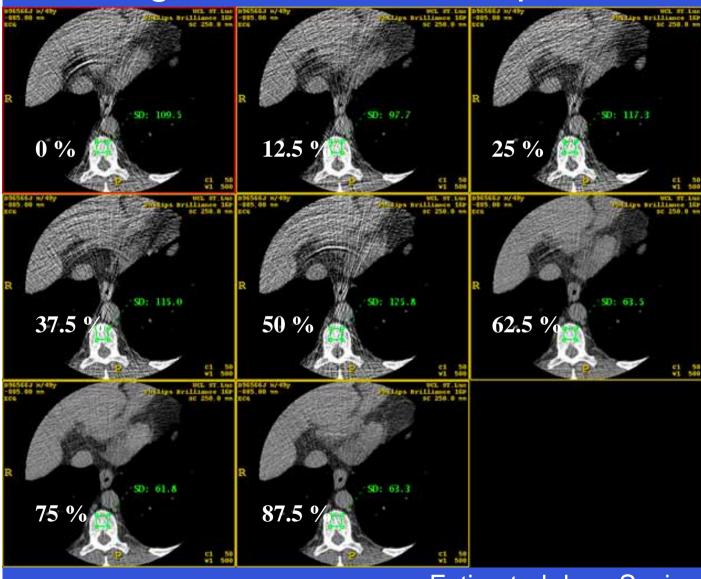
## • ECG current modulation is used

- mA reduced outside of required reconstruction phase down to ~ 20%
- Net dose savings ~ 50%
- Can be automatically suspended if ECG changes

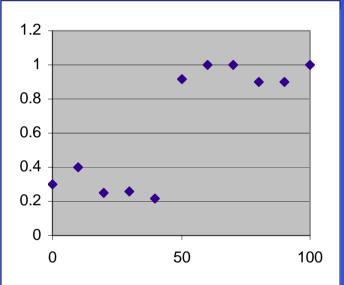


## **ECG Tube Current Modulation**

### • Image noise affected in phases of lower mA



Calculated relative mAs from noise values



Noise  $\alpha$  1/ $\sqrt{mAs}$ 

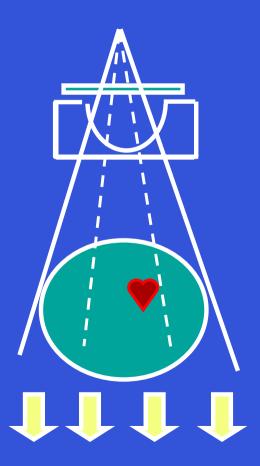
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Estimated dose Saving ~ 45%

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# **Beam Shaping Filters**

• Beam shaping filters more appropriate for small fov reconstruction within a larger fov



#### Technical Aspects of MSCT and ECG Gating

#### • MSCT scanning

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## What are the challenges ?

- Requirements for imaging the heart
  - Image for <100ms multi-sector, or two tube</li>
  - Isotropic resolution <  $\sim$  1 mm  $\checkmark$

  - One breath hold and few beats  $\checkmark$

## Future of cardiac CT

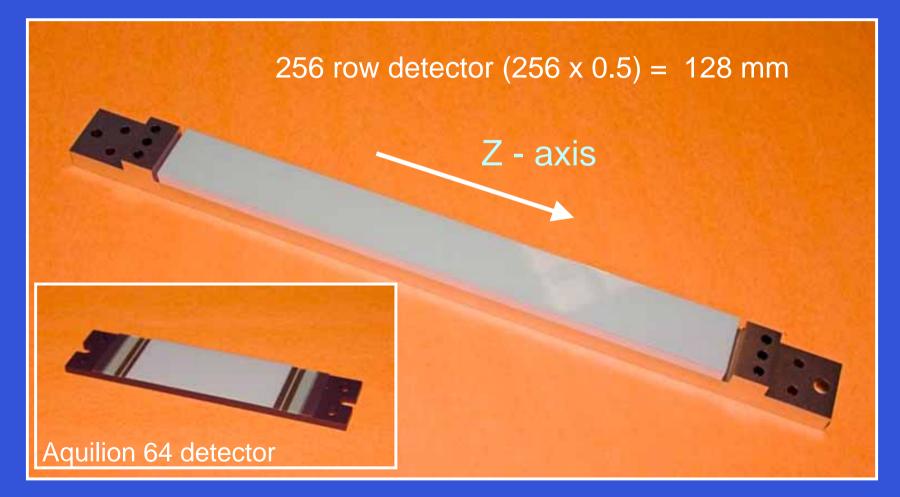
- Extending current developments:
  - Faster gantry rotation
    - <0.2s/rot, need mechanical forces >75G
  - Bigger tubes and generators
  - Advanced reconstruction methods
  - EBCT?
- Larger detector arrays
- Flat panel detectors
- Dual energy imaging

## Faster gantry rotation ?



### Larger detector arrays

128/256 row scanners in next couple of years
 Allow whole organ coverage in single rotation



114 Detector mock-ups courtesy of Toshiba



#### Large matrix detector array

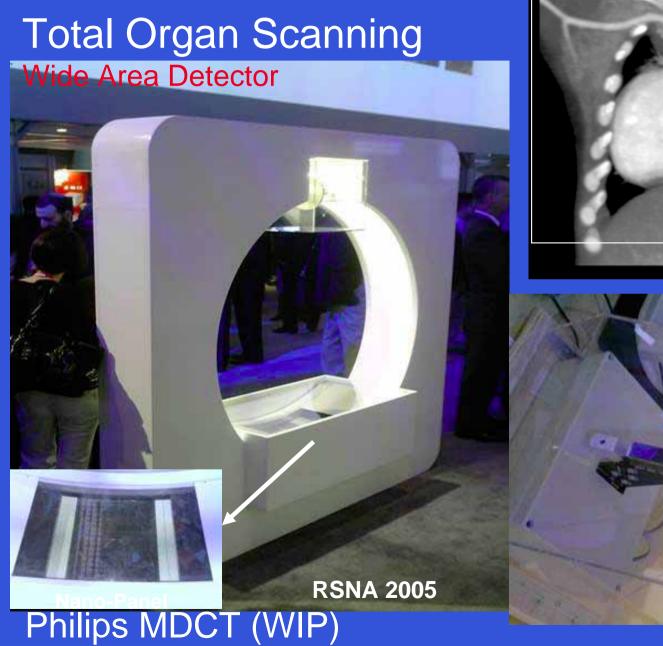
#### • 256 x 0.5 mm = 128 mm coverage



115 Courtesy of Toshiba

Harefield BSCR 2006

#### Large matrix detector array



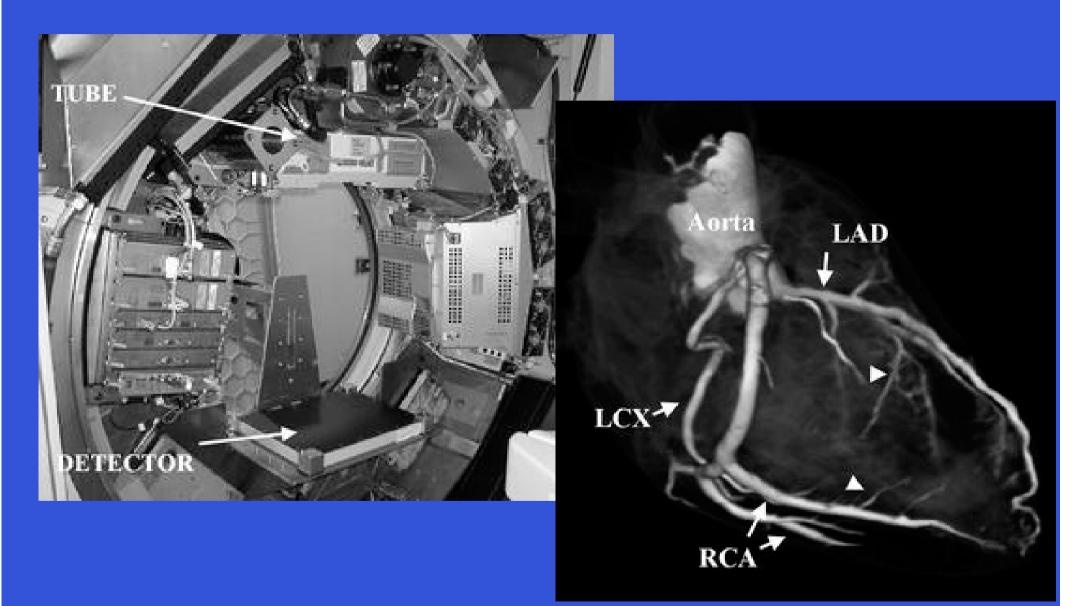
One rotation



116 Courtesy of Philips

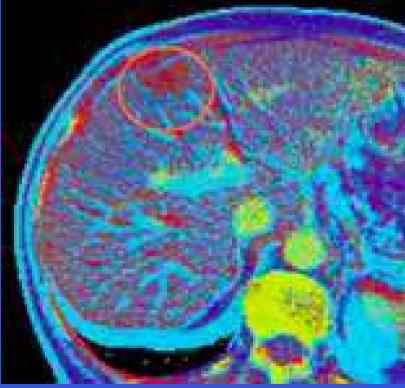
Harefield BSCR 2006

### Flat panel detectors



## Dual energy imaging

- Performed with two tubes (Siemens)
  - Each tube operates at different voltage
- Detector discrimination (Philips, GE)
  - Dual layer detector, sensitive to different energies
- Contrast resolution can be improved
  - Plaque discrimination?



**Courtesy Siemens** 

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#### References

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- Bruder et al, Design Considerations in Cardiac CT Medical Imaging 2006 Proceedings of SPIE
- McCollough, Patient Dose in Cardiac Computed Tomography Herz 2003

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  - Derek Tarrant, Mike Hayden Philips
  - Susie Guthrie Siemens
  - Henk DeVries Toshiba

# Technical Aspects of MSCT and ECG Gating

#### S. Edyvean

Imaging Performance Assessment of CT Scanners St. Georges Hospital www.impactscan.org



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